



# RAS BEN

GLOBAL RESOURCE RESET, INFORMED INTUITION & 5G WELLNESS 101  
PRESENTED BY THE HIGHERSIDE CHATS



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1  
00:00:04,039 --> 00:00:02,389  
embrace yourself because you're about to

2  
00:00:06,230 --> 00:00:04,049  
dive into another free first hour

3  
00:00:07,400 --> 00:00:06,240  
episode of the higher side chats and we

4  
00:00:08,810 --> 00:00:07,410  
just want to let you know that whether

5  
00:00:10,790 --> 00:00:08,820  
you're looking for a companion through

6  
00:00:12,410 --> 00:00:10,800  
your paranoid insomnia entertaining

7  
00:00:14,390 --> 00:00:12,420  
yourself through one of life's mundane

8  
00:00:16,070 --> 00:00:14,400  
activities or trying to ward off the

9  
00:00:18,710 --> 00:00:16,080  
internal scream to all those sad

10  
00:00:20,480 --> 00:00:18,720  
smothered Souls around the office THC is

11  
00:00:22,130 --> 00:00:20,490  
here and you should know that every

12  
00:00:24,170 --> 00:00:22,140  
episode of the higher side chats has an

13  
00:00:26,540 --> 00:00:24,180

entire second hour four plus members

14

00:00:29,029 --> 00:00:26,550

sign up at the higher side chats plus

15

00:00:31,609 --> 00:00:29,039

calm and you get years of plus show

16

00:00:33,020 --> 00:00:31,619

archives lifetime forum access the

17

00:00:36,410 --> 00:00:33,030

special invite to Greg Carl woods

18

00:00:39,650 --> 00:00:36,420

monthly joint sessions mp3s of THC music

19

00:00:42,020 --> 00:00:39,660

and bonus episodes for videos and 10%

20

00:00:44,090 --> 00:00:42,030

off t-shirts grinders and whatever else

21

00:00:45,440 --> 00:00:44,100

ends up in the higher side store it's

22

00:00:47,779 --> 00:00:45,450

eight dollars a month that you won't

23

00:00:49,729 --> 00:00:47,789

miss so become a plus member and treat

24

00:00:52,130 --> 00:00:49,739

yourself in these troubled times always

25

00:00:53,930 --> 00:00:52,140

action-packed and commercial free which

26  
00:01:33,080 --> 00:00:53,940  
means you'll unfortunately never hear my

27  
00:01:35,210 --> 00:01:33,090  
voice serenity now dear people how are

28  
00:01:36,980 --> 00:01:35,220  
we doing out there from sunny San Diego

29  
00:01:39,080 --> 00:01:36,990  
I'm Greg Carl wood and I don't have to

30  
00:01:41,330 --> 00:01:39,090  
tell you that 2020 is shaping up to be

31  
00:01:42,789 --> 00:01:41,340  
the most chaotic year I can remember in

32  
00:01:46,160 --> 00:01:42,799  
quite some time

33  
00:01:48,170 --> 00:01:46,170  
viruses quarantine economic panic and

34  
00:01:50,899 --> 00:01:48,180  
more ground gained from the technocracy

35  
00:01:53,090 --> 00:01:50,909  
in the big game of control as if Amazon

36  
00:01:55,639 --> 00:01:53,100  
wasn't killing retail fast enough it's

37  
00:01:58,160 --> 00:01:55,649  
certainly making a major move now and

38  
00:02:01,069 --> 00:01:58,170

it's that last bit that has had many of

39

00:02:02,959 --> 00:02:01,079

us concerned long before 2020 as we've

40

00:02:05,149 --> 00:02:02,969

seen tech companies inter woven with

41

00:02:07,270 --> 00:02:05,159

military intelligence social media

42

00:02:10,160 --> 00:02:07,280

censorship increasing in a big way

43

00:02:12,740 --> 00:02:10,170

fact-checking popups on uncomfortable

44

00:02:13,580 --> 00:02:12,750

information privileged titans of tech

45

00:02:16,190 --> 00:02:13,590

getting sweet

46

00:02:18,979 --> 00:02:16,200

our contracts and the rollout of more

47

00:02:21,740 --> 00:02:18,989

EMF radiation with the infamous 5g

48

00:02:23,930 --> 00:02:21,750

upgrade despite many educated and

49

00:02:26,240 --> 00:02:23,940

concerned experts speaking out about the

50

00:02:28,130 --> 00:02:26,250

real risks to biological health the

51  
00:02:30,589 --> 00:02:28,140  
surveillance aspects and the tight

52  
00:02:33,410 --> 00:02:30,599  
concentration of towers coming to a town

53  
00:02:35,089 --> 00:02:33,420  
near you but take a deep breath people

54  
00:02:37,729 --> 00:02:35,099  
because the man with the plan the great

55  
00:02:39,530 --> 00:02:37,739  
Ross Ben is back to calm our fears and

56  
00:02:42,320 --> 00:02:39,540  
introduce us to the members of mineral

57  
00:02:43,880 --> 00:02:42,330  
nation that we need most right now if

58  
00:02:46,220 --> 00:02:43,890  
you don't remember Ben has been here

59  
00:02:48,440 --> 00:02:46,230  
twice before initially to break down the

60  
00:02:50,180 --> 00:02:48,450  
elites overall agenda of manipulating

61  
00:02:52,699 --> 00:02:50,190  
and controlling historic and prophetic

62  
00:02:54,470 --> 00:02:52,709  
timelines the Mandela effect and its

63  
00:02:57,170 --> 00:02:54,480

relation to the Philadelphia Experiment

64

00:02:59,449 --> 00:02:57,180

a body of work detailed in his book

65

00:03:01,130 --> 00:02:59,459

great mystery Philadelphia he then

66

00:03:03,050 --> 00:03:01,140

returned to talk about his work on the

67

00:03:05,390 --> 00:03:03,060

mound builders the importance of their

68

00:03:07,100 --> 00:03:05,400

sacred sites and the energetic capture

69

00:03:09,559 --> 00:03:07,110

of these places that the Empire has

70

00:03:11,600 --> 00:03:09,569

instituted and that is all laid out in

71

00:03:13,520 --> 00:03:11,610

his book and presentation free your

72

00:03:16,280 --> 00:03:13,530

mound and your mind will follow and

73

00:03:18,020 --> 00:03:16,290

that's not all folks Ross Ben is also

74

00:03:20,210 --> 00:03:18,030

the author of a deep and informative

75

00:03:22,160 --> 00:03:20,220

book called rocks of Ages which breaks

76

00:03:24,080 --> 00:03:22,170

down many lesser-known details of

77

00:03:26,120 --> 00:03:24,090

indigenous history as well as the

78

00:03:28,400 --> 00:03:26,130

importance and varied uses of these

79

00:03:29,000 --> 00:03:28,410

sacred stones and crystals of mineral

80

00:03:31,490 --> 00:03:29,010

nation

81

00:03:34,009 --> 00:03:31,500

well he's recently released a more

82

00:03:36,410 --> 00:03:34,019

targeted follow-up book called 5g

83

00:03:38,509 --> 00:03:36,420

wellness thriving in a 5g environment

84

00:03:41,150 --> 00:03:38,519

with crystals and sacred stones that

85

00:03:43,460 --> 00:03:41,160

focuses his expertise and crystals on

86

00:03:46,610 --> 00:03:43,470

the 5g problem and the crowded

87

00:03:48,589 --> 00:03:46,620

modern-day EMF environment today we're

88

00:03:50,870 --> 00:03:48,599

talking about that as well as his

89

00:03:52,940 --> 00:03:50,880

astrological forecast for 2020

90

00:03:55,970 --> 00:03:52,950

presentation which is already shaping up

91

00:03:57,830 --> 00:03:55,980

to be pretty accurate so let's get into

92

00:03:59,870 --> 00:03:57,840

it the seer of cycles and the

93

00:04:02,360 --> 00:03:59,880

Rastafarian refuge for radiation

94

00:04:05,629 --> 00:04:02,370

mitigation Ross Ben my man welcome back

95

00:04:10,270 --> 00:04:05,639

to the higher side give thanks skip

96

00:04:13,069 --> 00:04:10,280

thing yes hey seek one love one heart

97

00:04:15,500 --> 00:04:13,079

indeed man indeed and it's always a

98

00:04:18,140 --> 00:04:15,510

pleasure to have you here I gotta say

99

00:04:20,330 --> 00:04:18,150

the timing is interesting we set this up

100

00:04:22,610 --> 00:04:20,340

over a month ago and we probably didn't

101

00:04:25,880 --> 00:04:22,620

expect society to be in the state we're

102

00:04:27,560 --> 00:04:25,890

seeing right now quarantines virus panic

103

00:04:31,280 --> 00:04:27,570

a fear porn new

104

00:04:34,160 --> 00:04:31,290

cycle and surely a big ball of economic

105

00:04:36,650 --> 00:04:34,170

hardship coming our way but you are

106

00:04:38,270 --> 00:04:36,660

probably the calming presence a lot of

107

00:04:41,810 --> 00:04:38,280

us are seeking right now so we have

108

00:04:45,140 --> 00:04:41,820

ourselves a happy accident it seems give

109

00:04:50,060 --> 00:04:45,150

thanks yeah I have some things to share

110

00:04:53,570 --> 00:04:50,070

you know and you're right I feel like

111

00:04:56,450 --> 00:04:53,580

if what's informing you is not helping

112

00:04:58,219 --> 00:04:56,460

you have productive emotions about your

113

00:05:01,339 --> 00:04:58,229

reality

114

00:05:05,570 --> 00:05:01,349

then you know it's junk formation you

115

00:05:07,559 --> 00:05:05,580

know it's like fast food you know how it

116

00:05:09,389 --> 00:05:07,569

might

117

00:05:11,579 --> 00:05:09,399

you a sensation right in that moment but

118

00:05:13,140 --> 00:05:11,589

it's not going to sustain you long-term

119

00:05:23,340 --> 00:05:13,150

so

120

00:05:27,510 --> 00:05:23,350

about this reality you know that we're

121

00:05:30,060 --> 00:05:27,520

facing mm-hmm I like it and of course we

122

00:05:32,730 --> 00:05:30,070

planned for this to largely be about 5g

123

00:05:34,379 --> 00:05:32,740

mitigation but I assume at this point

124

00:05:37,650 --> 00:05:34,389

we're gonna flip that script and talk

125

00:05:40,140 --> 00:05:37,660

about your 2020 astrological forecast a

126  
00:05:42,780 --> 00:05:40,150  
bit because you released it in November

127  
00:05:46,530 --> 00:05:42,790  
and having watched it just the other day

128  
00:05:48,810 --> 00:05:46,540  
I see so much intuition there it's crazy

129  
00:05:52,140 --> 00:05:48,820  
and it you said that you expect the

130  
00:05:54,690 --> 00:05:52,150  
global resource reset to possibly be

131  
00:05:57,420 --> 00:05:54,700  
triggered adding that all of this could

132  
00:05:59,850 --> 00:05:57,430  
kick off in January and you even said

133  
00:06:02,370 --> 00:05:59,860  
that you would liquidate savings right

134  
00:06:04,680 --> 00:06:02,380  
now to have some optionality out there

135  
00:06:07,770 --> 00:06:04,690  
and also that it's important to not get

136  
00:06:11,250 --> 00:06:07,780  
spun out by whatever comes in January

137  
00:06:13,230 --> 00:06:11,260  
all pretty spot-on and I think now as

138  
00:06:16,020 --> 00:06:13,240

we're getting towards the end of March

139

00:06:20,370 --> 00:06:16,030

it's a lot easier to see what you were

140

00:06:23,460 --> 00:06:20,380

talking about there yeah yeah I mean you

141

00:06:25,180 --> 00:06:23,470

know that's the blessing of astrology

142

00:06:28,749 --> 00:06:25,190

it's like

143

00:06:31,839 --> 00:06:28,759

talk about that armored war right

144

00:06:33,689 --> 00:06:31,849

whenever you're engaging you always want

145

00:06:37,480 --> 00:06:33,699

to get the high ground add

146

00:06:39,730 --> 00:06:37,490

dimensionality to your vision so you

147

00:06:42,149 --> 00:06:39,740

know once you add like a higher

148

00:06:46,839 --> 00:06:42,159

dimension and you can then see the

149

00:06:49,779 --> 00:06:46,849

relationship of not only what you're

150

00:06:52,480 --> 00:06:49,789

facing but the terrain around you your

151

00:06:54,640 --> 00:06:52,490

assets you know that are just right

152

00:06:57,189 --> 00:06:54,650

there within your scope

153

00:06:59,390 --> 00:06:57,199

that's what astrology affords you you

154

00:07:01,490 --> 00:06:59,400

know and

155

00:07:04,100 --> 00:07:01,500

20:20 we did say was going to be an

156

00:07:07,939 --> 00:07:04,110

intense year we named this year the year

157

00:07:12,070 --> 00:07:07,949

of great conjunctions because you got so

158

00:07:17,120 --> 00:07:12,080

many planetary alignments happening and

159

00:07:20,360 --> 00:07:17,130

Capricorn three key players Pluto

160

00:07:23,629 --> 00:07:20,370

Jupiter and Saturn and I'm not gonna get

161

00:07:27,469 --> 00:07:23,639

all into the details of it but just to

162

00:07:31,610 --> 00:07:27,479

say that yeah the first conjunction

163

00:07:34,150 --> 00:07:31,620

occurred I think it was January 12 and

164

00:07:39,320 --> 00:07:34,160

that was Saturn and Pluto in Capricorn

165

00:07:41,830 --> 00:07:39,330

and yet he said that was probably gonna

166

00:07:47,409 --> 00:07:41,840

trigger what we would call a global

167

00:07:51,279 --> 00:07:47,419

resource reset and I think

168

00:07:54,969 --> 00:07:51,289

when we turn what we're looking at that

169

00:08:00,450 --> 00:07:54,979

way it makes a lot more sense because

170

00:08:04,140 --> 00:08:00,460

for a virus to also trigger

171

00:08:06,210 --> 00:08:04,150

oil price war between Saudi Arabia and

172

00:08:08,670 --> 00:08:06,220

Russia who's not even traditionally a

173

00:08:11,700 --> 00:08:08,680

OPEC nation you know what I mean and

174

00:08:15,290 --> 00:08:11,710

just other things that are going on like

175

00:08:20,340 --> 00:08:15,300

that Amazon hiring a hundred thousand

176

00:08:24,390 --> 00:08:20,350

people yes but yet so many other

177

00:08:25,980 --> 00:08:24,400

companies looking an industry is really

178

00:08:29,580 --> 00:08:25,990

looking like they might be on the brink

179

00:08:32,930 --> 00:08:29,590

of collapse you know mm-hmm it's more

180

00:08:38,990 --> 00:08:35,790

humanity fighting an illness you know it

181

00:08:43,830 --> 00:08:39,000

definitely is a global resource reset

182

00:08:46,160 --> 00:08:43,840

you know the economics of the world are

183

00:08:51,420 --> 00:08:46,170

going to be very different after this

184

00:08:54,480 --> 00:08:51,430

what two week two month period they got

185

00:08:56,700 --> 00:08:54,490

everyone on lockdown you know mm-hmm

186

00:09:00,810 --> 00:08:56,710

that's kind of what we can look at this

187

00:09:03,030 --> 00:09:00,820

as being a global resource reset and why

188

00:09:07,880 --> 00:09:03,040

we shouldn't get spun out on it is

189

00:09:11,460 --> 00:09:07,890

because the next big alignment comes in

190

00:09:13,300 --> 00:09:11,470

April and it's going to be Jupiter and

191

00:09:16,090 --> 00:09:13,310

Pluto

192

00:09:19,150 --> 00:09:16,100

so traditionally they say Saturn brings

193

00:09:21,489 --> 00:09:19,160

hardships and challenges Pluto is an

194

00:09:24,150 --> 00:09:21,499

extreme planet so right we're seeing an

195

00:09:26,590 --> 00:09:24,160

extreme hardship and extreme challenge

196

00:09:30,200 --> 00:09:26,600

Jupiter they say traditionally brings

197

00:09:35,810 --> 00:09:30,210

blessings you know and opportunities

198

00:09:38,240 --> 00:09:35,820

I don't know I have a feeling something

199

00:09:41,090 --> 00:09:38,250

this is this was kind of a effed up you

200

00:09:43,760 --> 00:09:41,100

know something really blessed is gonna

201  
00:09:46,410 --> 00:09:43,770  
happen in April then you know we can't

202  
00:09:48,120 --> 00:09:46,420  
really foresee right now

203  
00:09:50,220 --> 00:09:48,130  
just like we really couldn't foresee

204  
00:09:52,350 --> 00:09:50,230  
this thing

205  
00:09:55,620 --> 00:09:52,360  
I think something really fortunate is

206  
00:09:58,530 --> 00:09:55,630  
going to open up well I definitely like

207  
00:10:01,770 --> 00:09:58,540  
the optimism and we do have to pay

208  
00:10:04,340 --> 00:10:01,780  
attention to the economic reset there's

209  
00:10:07,050 --> 00:10:04,350  
gonna be winners and losers you know

210  
00:10:11,160 --> 00:10:07,060  
definitely if your thing is online right

211  
00:10:13,980 --> 00:10:11,170  
now you may be a potential winner

212  
00:10:17,280 --> 00:10:13,990  
because of the whole

213  
00:10:22,079 --> 00:10:17,290

you see like I would say this social

214

00:10:25,010 --> 00:10:22,089

distancing maybe kind of like social

215

00:10:30,720 --> 00:10:25,020

engineering you know getting people

216

00:10:34,110 --> 00:10:30,730

conditioned for a non physical more

217

00:10:36,580 --> 00:10:34,120

virtual reality you know where you're

218

00:10:41,500 --> 00:10:36,590

kind of just dealing with people

219

00:10:45,700 --> 00:10:41,510

online so if your business is internet

220

00:10:48,490 --> 00:10:45,710

focused online focused April might bring

221

00:10:50,950 --> 00:10:48,500

a lot of opportunities and fortune for

222

00:10:53,360 --> 00:10:50,960

you you know but if you're in the

223

00:10:58,090 --> 00:10:53,370

service industry

224

00:11:01,340 --> 00:10:58,100

face-to-face hands-on one-on-one

225

00:11:04,280 --> 00:11:01,350

interaction yeah you might take a L you

226

00:11:07,030 --> 00:11:04,290

know so

227

00:11:09,190 --> 00:11:07,040

yeah we got to pay attention to that

228

00:11:12,220 --> 00:11:09,200

mm-hmm

229

00:11:14,290 --> 00:11:12,230

also want to mention that

230

00:11:17,020 --> 00:11:14,300

and I want to bring this up because my

231

00:11:21,730 --> 00:11:17,030

feeling is this is what everyone is kind

232

00:11:24,180 --> 00:11:21,740

of feeling inside you know where the end

233

00:11:28,270 --> 00:11:24,190

of 2019

234

00:11:32,370 --> 00:11:28,280

there was a lot of optimism people had a

235

00:11:37,480 --> 00:11:32,380

lot of personal momentum it seemed like

236

00:11:39,880 --> 00:11:37,490

synchronicities and alignment with good

237

00:11:42,760 --> 00:11:39,890

relationships and opportunities were

238

00:11:49,810 --> 00:11:42,770

opening up portals and opportunities you

239

00:11:56,000 --> 00:11:49,820

know 2020 as a year and as a concept

240

00:11:58,700 --> 00:11:56,010

that beyond being a mystical number

241

00:12:02,300 --> 00:11:58,710

you know we associate 20/20 with clear

242

00:12:03,700 --> 00:12:02,310

perspective clear perception perfect

243

00:12:06,460 --> 00:12:03,710

vision

244

00:12:09,620 --> 00:12:06,470

subconsciously 20/20 was going to

245

00:12:10,910 --> 00:12:09,630

activate more clarity of vision for

246

00:12:12,980 --> 00:12:10,920

people you know they were going to be

247

00:12:17,330 --> 00:12:12,990

able to see through the BS within and

248

00:12:19,940 --> 00:12:17,340

without you know and that was creating a

249

00:12:22,880 --> 00:12:19,950

personal momentum that people were

250

00:12:27,200 --> 00:12:22,890

bringing into the year that if people

251  
00:12:30,140 --> 00:12:27,210  
allow it this thing can bring to a

252  
00:12:32,630 --> 00:12:30,150  
crashing hope right well that would be

253  
00:12:34,850 --> 00:12:32,640  
one of my questions for is this seems

254  
00:12:38,270 --> 00:12:34,860  
curiously timed we've talked in the past

255  
00:12:41,900 --> 00:12:38,280  
about how the elite are aware of cycles

256  
00:12:44,960 --> 00:12:41,910  
and energies and they work to maintain

257  
00:12:48,470 --> 00:12:44,970  
those things if one would think that

258  
00:12:52,190 --> 00:12:48,480  
there was a potency to momentum and

259  
00:12:54,470 --> 00:12:52,200  
energy coming into 2012 I don't know

260  
00:12:58,160 --> 00:12:54,480  
what you think about this virus

261  
00:13:01,040 --> 00:12:58,170  
situation being random and organic

262  
00:13:02,900 --> 00:13:01,050  
versus engineered but the timing is

263  
00:13:06,890 --> 00:13:02,910

interesting that you would want to

264

00:13:10,330 --> 00:13:06,900

disrupt that momentum for people if you

265

00:13:11,650 --> 00:13:10,340

saw a window to do so

266

00:13:13,570 --> 00:13:11,660

it's interesting I don't know if this

267

00:13:18,070 --> 00:13:13,580

was a Freudian slip but you know you

268

00:13:21,310 --> 00:13:18,080

said going into the year 2012 ha ha ha

269

00:13:25,630 --> 00:13:21,320

right but no in the Ethiopian calendar

270

00:13:29,740 --> 00:13:25,640

this is the year 2012 right you know in

271

00:13:33,820 --> 00:13:29,750

the Gregorian calendar is 2020 but the

272

00:13:38,440 --> 00:13:33,830

Julian / Ethiopian calendar which many

273

00:13:42,010 --> 00:13:38,450

people kind of consider more anciently

274

00:13:46,650 --> 00:13:42,020

hankered in the Gregorian calendar

275

00:13:51,850 --> 00:13:49,240

interesting that

276

00:13:56,650 --> 00:13:51,860

it's in this year we're seeing things

277

00:13:59,410 --> 00:13:56,660

that were kind of anticipated in 2012

278

00:14:00,660 --> 00:13:59,420

because of the Olmec Mayan calendar you

279

00:14:04,929 --> 00:14:00,670

know hmm

280

00:14:09,650 --> 00:14:04,939

so that's interesting you know but yeah

281

00:14:16,190 --> 00:14:12,650

there was some intentionality with the

282

00:14:19,700 --> 00:14:16,200

timing of it knowing like hey there may

283

00:14:21,800 --> 00:14:19,710

be some grander awakening happening

284

00:14:23,389 --> 00:14:21,810

within people

285

00:14:26,329 --> 00:14:23,399

just bring that up to say I think that's

286

00:14:30,350 --> 00:14:26,339

one of the greatest challenges we all

287

00:14:35,000 --> 00:14:30,360

are facing on a personal level is how do

288

00:14:38,840 --> 00:14:35,010

we keep our personal momentum going

289

00:14:42,379 --> 00:14:38,850

how do we keep productive emotions so

290

00:14:45,290 --> 00:14:42,389

that we can manifest in spite of all of

291

00:14:48,650 --> 00:14:45,300

this you know mm-hmm mm-hmm and that's

292

00:14:50,800 --> 00:14:48,660

what I encourage everyone to spend quiet

293

00:14:55,180 --> 00:14:50,810

time doing

294

00:14:57,190 --> 00:14:55,190

how can you you know you can't control

295

00:14:59,440 --> 00:14:57,200

what's going on outside there but you

296

00:15:04,430 --> 00:14:59,450

can control your reaction to it and your

297

00:15:07,519 --> 00:15:04,440

personal momentum exactly exactly

298

00:15:12,050 --> 00:15:07,529

there's a thin line between being wise

299

00:15:15,970 --> 00:15:12,060

and cautious and fearful of course you

300

00:15:19,530 --> 00:15:15,980

know I don't want to downplay any

301

00:15:24,420 --> 00:15:19,540

possibilities with this thing

302

00:15:27,000 --> 00:15:24,430

I will say the fear-based reaction

303

00:15:31,480 --> 00:15:27,010

that I'm like I know I see him family

304

00:15:35,590 --> 00:15:31,490

and friends Stephanie not helping

305

00:15:39,580 --> 00:15:35,600

and it makes ones that wanna like yo

306

00:15:41,860 --> 00:15:39,590

take a deep breath and just

307

00:15:46,350 --> 00:15:41,870

think this thing through it then makes

308

00:15:49,570 --> 00:15:46,360

you look like you're not putting the

309

00:15:52,240 --> 00:15:49,580

sufficient concern in it you know I

310

00:15:56,110 --> 00:15:52,250

think that's what Trump got hit with to

311

00:15:58,480 --> 00:15:56,120

be honest with you you know he was like

312

00:16:01,120 --> 00:15:58,490

yo calm down and they was like yeah

313

00:16:05,890 --> 00:16:01,130

you're not putting enough concern in

314

00:16:07,269 --> 00:16:05,900

this right now ting in overdrive so it's

315

00:16:11,200 --> 00:16:07,279

going to be interesting to see how it

316

00:16:13,180 --> 00:16:11,210

plays out it is it is and I've talked to

317

00:16:14,950 --> 00:16:13,190

some astrologers in the past about this

318

00:16:17,829 --> 00:16:14,960

particular year and some of the cycles

319

00:16:20,110 --> 00:16:17,839

and you know the term apocalypse is used

320

00:16:22,960 --> 00:16:20,120

but in the sense that it is a great

321

00:16:23,590 --> 00:16:22,970

revealing of all the games that have

322

00:16:27,370 --> 00:16:23,600

been played

323

00:16:29,680 --> 00:16:27,380

words like accountability and exposed

324

00:16:31,780 --> 00:16:29,690

were used talking about the Empire's

325

00:16:34,960 --> 00:16:31,790

tricks that have been going on for so

326

00:16:37,870 --> 00:16:34,970

long the tricks are not new it's just

327

00:16:40,600 --> 00:16:37,880

the realization of them makes them feel

328

00:16:44,620 --> 00:16:40,610

new to the individual who is awakening

329

00:16:47,290 --> 00:16:44,630

and as you said in that forecast 2020 is

330

00:16:50,590 --> 00:16:47,300

not a good year for people in positions

331

00:16:53,650 --> 00:16:50,600

that require blind faith as you put it

332

00:16:55,600 --> 00:16:53,660

and we are seeing the Empire cash in on

333

00:16:58,240 --> 00:16:55,610

a lot of blind faith right now with this

334

00:17:00,940 --> 00:16:58,250

panic but when the system makes big

335

00:17:03,550 --> 00:17:00,950

plays it is an opportunity to

336

00:17:05,949 --> 00:17:03,560

potentially see their agendas and it's

337

00:17:09,059 --> 00:17:05,959

definitely a wake-up call for people

338

00:17:12,100 --> 00:17:09,069

when it comes to reliance on the system

339

00:17:14,290 --> 00:17:12,110

individual responsibility taking care of

340

00:17:16,960 --> 00:17:14,300

you and yours and that outsourcing all

341

00:17:19,050 --> 00:17:16,970

your power to the machine I mean how

342

00:17:23,730 --> 00:17:19,060

could this not be a wake up call

343

00:17:26,220 --> 00:17:23,740

you're right you're right and

344

00:17:29,600 --> 00:17:26,230

I will say to something else I speak on

345

00:17:35,659 --> 00:17:29,610

in the forecast with Neptune in Pisces

346

00:17:37,200 --> 00:17:35,669

right when Neptune is in peace if we are

347

00:17:39,720 --> 00:17:37,210

maximizing

348

00:17:42,510 --> 00:17:39,730

that transit we're seeking out our

349

00:17:48,120 --> 00:17:42,520

harbour place we're seeking out a

350

00:17:51,920 --> 00:17:48,130

sanctuary we're seeking out safe harbor

351

00:17:56,740 --> 00:17:54,620

we should all be doing that to some

352

00:18:02,889 --> 00:18:00,190

this might give us

353

00:18:05,200 --> 00:18:02,899

fire under you know pick up the pace a

354

00:18:08,410 --> 00:18:05,210

little mm-hmm

355

00:18:13,020 --> 00:18:08,420

but if you don't have

356

00:18:16,060 --> 00:18:13,030

some work effort or even a vision

357

00:18:19,180 --> 00:18:16,070

towards creating a harbour safe place

358

00:18:22,060 --> 00:18:19,190

for you and your family this could be a

359

00:18:25,660 --> 00:18:22,070

very desperate time for you you know

360

00:18:30,039 --> 00:18:25,670

mm-hmm so part of creating and

361

00:18:33,820 --> 00:18:30,049

maintaining productive emotions is doing

362

00:18:35,500 --> 00:18:33,830

the work necessary to put you on your

363

00:18:38,630 --> 00:18:35,510

what they will call your redemptive

364

00:18:40,430 --> 00:18:38,640

timeline you know

365

00:18:44,570 --> 00:18:40,440

I'm lying we're yeah you thankful to be

366

00:18:47,060 --> 00:18:44,580

on it ain't gonna just happen you do got

367

00:18:51,140 --> 00:18:47,070

to work toward it you know and that's

368

00:18:55,200 --> 00:18:51,150

one of the things to work toward so when

369

00:19:03,859 --> 00:18:59,129

the self-sustaining food source living

370

00:19:09,510 --> 00:19:03,869

off the canopy having ever renewable

371

00:19:12,610 --> 00:19:09,520

easy energy access

372

00:19:17,680 --> 00:19:12,620

you know clean water

373

00:19:22,390 --> 00:19:17,690

right mm-hm yeah I mean we should all be

374

00:19:24,010 --> 00:19:22,400

working towards that so true the reality

375

00:19:26,750 --> 00:19:24,020

is it's going to come through right

376

00:19:29,060 --> 00:19:26,760

relationships

377

00:19:33,030 --> 00:19:29,070

that's the way is going to come building

378

00:19:38,050 --> 00:19:33,040

right relationships building community

379

00:19:41,970 --> 00:19:38,060

and all with the same intention

380

00:19:45,130 --> 00:19:41,980

so that's another thing that's going on

381

00:19:49,070 --> 00:19:45,140

astrologically neptune in pisces about a

382

00:19:56,659 --> 00:19:52,070

to the degree that you're working with

383

00:19:59,560 --> 00:19:56,669

that proactively that is going to be a

384

00:20:02,169 --> 00:19:59,570

big determinant of

385

00:20:07,210 --> 00:20:02,179

how you can feel right now and have

386

00:20:09,580 --> 00:20:07,220

productive emotions mm-hmm and in fact

387

00:20:12,639 --> 00:20:09,590

just to add on to what you're saying

388

00:20:15,430 --> 00:20:12,649

back in that forecast in November you

389

00:20:17,830 --> 00:20:15,440

did talk about this Jupiter conjunction

390

00:20:19,989 --> 00:20:17,840

with Pluto in our seventh house that

391

00:20:21,639 --> 00:20:19,999

would happen in April and we're coming

392

00:20:24,639 --> 00:20:21,649

up on April it's right around the corner

393

00:20:26,889 --> 00:20:24,649

and you said the seventh house is about

394

00:20:29,769 --> 00:20:26,899

relationships and quote we will see a

395

00:20:32,710 --> 00:20:29,779

major opportunity to learn how important

396

00:20:34,960 --> 00:20:32,720

we are to one another and that just

397

00:20:37,779 --> 00:20:34,970

rings so true right now I get this

398

00:20:40,509 --> 00:20:37,789

visual of the animals in a Bambi movie

399

00:20:42,219 --> 00:20:40,519

coming out after a storm you know shake

400

00:20:45,419 --> 00:20:42,229

it off all their nerves like coming

401  
00:20:49,180 --> 00:20:45,429  
emerging back out into the the light and

402  
00:20:52,239 --> 00:20:49,190  
really that's when we probably should

403  
00:20:56,499 --> 00:20:52,249  
after a trauma of some sorts whether

404  
00:20:58,299 --> 00:20:56,509  
psychological or medical really focus on

405  
00:21:00,519 --> 00:20:58,309  
those relationships we don't tend to do

406  
00:21:02,739 --> 00:21:00,529  
it unless there's a tragedy like New

407  
00:21:05,589 --> 00:21:02,749  
York City after 9/11 right so maybe

408  
00:21:07,320 --> 00:21:05,599  
right in this time window I mean who

409  
00:21:10,210 --> 00:21:07,330  
knows how long this is going to go but

410  
00:21:12,909 --> 00:21:10,220  
astrologically it looks like in the next

411  
00:21:14,349 --> 00:21:12,919  
month we will have to start taking care

412  
00:21:15,789 --> 00:21:14,359  
of each other looking out for each other

413  
00:21:18,159 --> 00:21:15,799

we're seeing that a little bit when we

414

00:21:20,019 --> 00:21:18,169

have all the hoarding and stuff going on

415

00:21:21,820 --> 00:21:20,029

people are saying hey hold on don't take

416

00:21:25,119 --> 00:21:21,830

more than you need because we are in

417

00:21:29,060 --> 00:21:25,129

this together and maybe that tone will

418

00:21:33,769 --> 00:21:29,070

win out yes

419

00:21:36,350 --> 00:21:33,779

for April yes right but not because this

420

00:21:41,690 --> 00:21:36,360

is gonna be a very turbulent year man by

421

00:21:46,050 --> 00:21:41,700

November when you have all three

422

00:21:50,490 --> 00:21:46,060

Saturn Jupiter and Pluto all at their

423

00:21:52,610 --> 00:21:50,500

closest point of one another yeah man I

424

00:21:55,170 --> 00:21:52,620

do think we're gonna see some

425

00:21:59,440 --> 00:21:55,180

mind-blowing Wow

426

00:22:01,270 --> 00:21:59,450

type stuff you know mm-hmm and

427

00:22:03,850 --> 00:22:01,280

it's just gonna be very hard to call

428

00:22:04,830 --> 00:22:03,860

other to say it's going to be mind blown

429

00:22:07,330 --> 00:22:04,840

you know

430

00:22:10,360 --> 00:22:07,340

yes that's kind of what you say in there

431

00:22:13,300 --> 00:22:10,370

you basically say with Jupiter Saturn

432

00:22:16,450 --> 00:22:13,310

and Pluto coming together it kind of

433

00:22:18,760 --> 00:22:16,460

means that Jupiter and Saturn being the

434

00:22:20,140 --> 00:22:18,770

rulers of space and time they're gonna

435

00:22:22,900 --> 00:22:20,150

come together with Pluto which

436

00:22:27,220 --> 00:22:22,910

represents the ultimate inevitable yeah

437

00:22:31,150 --> 00:22:27,230

which man that sounds pretty epic it

438

00:22:32,800 --> 00:22:31,160

almost sounds kind of like I don't want

439

00:22:34,660 --> 00:22:32,810

to say a negative thing but a lot of

440

00:22:38,200 --> 00:22:34,670

people would hear ultimate inevitable

441

00:22:40,270 --> 00:22:38,210

and it sounds like the downfall in a

442

00:22:41,740 --> 00:22:40,280

sense but it doesn't have to be but I

443

00:22:44,800 --> 00:22:41,750

guess how do you interpret this

444

00:22:46,770 --> 00:22:44,810

seriously epic celestial event coming at

445

00:22:49,810 --> 00:22:46,780

the end of this year the end of a

446

00:22:52,420 --> 00:22:49,820

massive cycle and probably something

447

00:22:56,590 --> 00:22:52,430

pretty potent even compared to the times

448

00:23:00,280 --> 00:22:56,600

we're already experiencing well

449

00:23:01,750 --> 00:23:00,290

what I would say is you know how like

450

00:23:02,650 --> 00:23:01,760

they would say you got to think with the

451  
00:23:04,529 --> 00:23:02,660  
end in mind

452  
00:23:06,749 --> 00:23:04,539  
hmm

453  
00:23:09,180 --> 00:23:06,759  
I think we got a feel with the end in

454  
00:23:13,680 --> 00:23:11,490  
you know and that's just tied in with

455  
00:23:16,560 --> 00:23:13,690  
this personal momentum I was talking

456  
00:23:18,930 --> 00:23:16,570  
about like how you want to feel in

457  
00:23:21,750 --> 00:23:18,940  
December 2020 you won't feel thankful

458  
00:23:26,430 --> 00:23:21,760  
man yeah you want to feel like you've

459  
00:23:30,210 --> 00:23:26,440  
burned to spliffs drink some vitalizing

460  
00:23:33,750 --> 00:23:30,220  
Moringa tea and you've done your

461  
00:23:35,520 --> 00:23:33,760  
exercise meditated you got your clarity

462  
00:23:39,000 --> 00:23:35,530  
of vision and you have in the

463  
00:23:42,570 --> 00:23:39,010

synchronistic experiences to affirm

464

00:23:44,340 --> 00:23:42,580

you're in the proper space and time and

465

00:23:49,350 --> 00:23:44,350

the gratitude and the joy that you feel

466

00:23:53,400 --> 00:23:49,360

in that state we got to feel that that's

467

00:23:56,220 --> 00:23:53,410

what manifesting is all about you got to

468

00:23:58,200 --> 00:23:56,230

feel with the end in mind and that's why

469

00:24:00,090 --> 00:23:58,210

we got to keep our personal momentum

470

00:24:05,279 --> 00:24:00,100

going

471

00:24:11,880 --> 00:24:05,289

I feel a lot of this had that feeling

472

00:24:14,490 --> 00:24:11,890

going into 2020 before the corona right

473

00:24:17,039 --> 00:24:14,500

and like I say I feel like right now

474

00:24:20,360 --> 00:24:17,049

that's our greatest challenge personally

475

00:24:23,700 --> 00:24:20,370

is to regain if you lost it

476  
00:24:26,370 --> 00:24:23,710  
regain that momentum regain that feeling

477  
00:24:28,720 --> 00:24:26,380  
that's what's going to take you to the

478  
00:24:33,750 --> 00:24:28,730  
end that you want

479  
00:24:36,780 --> 00:24:33,760  
you know mm-hmm so

480  
00:24:40,350 --> 00:24:36,790  
my feeling that we got to work the Magi

481  
00:24:45,840 --> 00:24:40,360  
work the spirit you know we've been

482  
00:24:48,380 --> 00:24:45,850  
given all of these tools teachings about

483  
00:24:51,649 --> 00:24:48,390  
how to manifest

484  
00:24:53,570 --> 00:24:51,659  
create our reality through what we speak

485  
00:24:57,649 --> 00:24:53,580  
what we feel what we think and what we

486  
00:25:01,940 --> 00:24:57,659  
do now lining our intention personally

487  
00:25:04,190 --> 00:25:01,950  
with you know will of creation which is

488  
00:25:08,419 --> 00:25:04,200

ultimately to serve and do greater good

489

00:25:10,669 --> 00:25:08,429

you know it ain't that deep and yeah

490

00:25:13,190 --> 00:25:10,679

you'll manifest you'll create the

491

00:25:14,750 --> 00:25:13,200

reality you want we've been given those

492

00:25:18,440 --> 00:25:14,760

teachings from a lot of different

493

00:25:25,460 --> 00:25:18,450

teachers a lot of different schools you

494

00:25:28,249 --> 00:25:25,470

know and it's time to a put in the work

495

00:25:31,670 --> 00:25:28,259

I would also say to write how you say is

496

00:25:41,360 --> 00:25:34,870

another way to have productive emotions

497

00:25:49,130 --> 00:25:45,170

can't fear death you know so if that

498

00:25:51,470 --> 00:25:49,140

means you got up do some Bufo mm-hmm

499

00:25:55,700 --> 00:25:51,480

kind of experience those near-death

500

00:25:58,100 --> 00:25:55,710

experiences where you really know what

501  
00:26:01,310 --> 00:25:58,110  
it is that man

502  
00:26:03,830 --> 00:26:01,320  
death is the absence of pain that state

503  
00:26:08,060 --> 00:26:03,840  
is a static and electrifying like wow

504  
00:26:10,250 --> 00:26:08,070  
you know mm-hmm you can deal with these

505  
00:26:12,770 --> 00:26:10,260  
things with less fear because you know

506  
00:26:16,730 --> 00:26:12,780  
what you're going to face ultimate you

507  
00:26:19,790 --> 00:26:16,740  
know it's nothing to fear and I've

508  
00:26:21,980 --> 00:26:19,800  
noticed that people been magnetized to

509  
00:26:25,850 --> 00:26:21,990  
those even like Mike Tyson to see Mike

510  
00:26:29,080 --> 00:26:25,860  
Tyson's journey with the Bufo it's

511  
00:26:33,410 --> 00:26:29,090  
amazing to see how it's transformed

512  
00:26:37,390 --> 00:26:33,420  
someone who was like trained to be a

513  
00:26:41,140 --> 00:26:37,400

vicious destroyer

514

00:26:43,690 --> 00:26:41,150

how its awakened as humanity

515

00:26:46,330 --> 00:26:43,700

and customer like surrender is ego and

516

00:26:49,290 --> 00:26:46,340

not fear death or beyond a fear

517

00:26:55,270 --> 00:26:49,300

frequency at all the power of DMT

518

00:26:59,260 --> 00:26:55,280

yeah I mean if when you say like facing

519

00:27:03,120 --> 00:26:59,270

extreme Ultimates shake you real like up

520

00:27:06,940 --> 00:27:03,130

you might need a Bufo journey you know

521

00:27:10,390 --> 00:27:06,950

I've also heard it expressed in terms of

522

00:27:12,790 --> 00:27:10,400

the Empire itself and Saturn being such

523

00:27:15,400 --> 00:27:12,800

a big component of all this that we've

524

00:27:18,610 --> 00:27:15,410

been under an oppressive Empire that

525

00:27:21,070 --> 00:27:18,620

slowly tightens its screws and forces us

526

00:27:24,100 --> 00:27:21,080

to be more dependent on it for a long

527

00:27:27,880 --> 00:27:24,110

time for centuries and maybe this

528

00:27:30,190 --> 00:27:27,890

ultimate inevitable quality is speaking

529

00:27:33,120 --> 00:27:30,200

to the end of that now people do like

530

00:27:36,520 --> 00:27:33,130

their comforts and people do like their

531

00:27:39,730 --> 00:27:36,530

kind of economic and slave meant to the

532

00:27:42,280 --> 00:27:39,740

system and if that system were to die

533

00:27:45,310 --> 00:27:42,290

it's not the end of the world but it is

534

00:27:49,150 --> 00:27:45,320

going to impact people based on their

535

00:27:51,700 --> 00:27:49,160

degree of dependence on it and it's just

536

00:27:54,060 --> 00:27:51,710

the question of sometimes do you really

537

00:27:58,570 --> 00:27:54,070

want the freedom that you're asking for

538

00:28:01,330 --> 00:27:58,580

because it can be kind of daunting if

539

00:28:04,210 --> 00:28:01,340

you aren't ready for it yeah I think

540

00:28:08,710 --> 00:28:04,220

that's why that like I said Neptune in

541

00:28:11,170 --> 00:28:08,720

Pisces calling for creating your safe

542

00:28:13,260 --> 00:28:11,180

harbor place

543

00:28:18,130 --> 00:28:13,270

that if you're putting energy thought

544

00:28:21,970 --> 00:28:18,140

intention vision work towards that

545

00:28:25,090 --> 00:28:21,980

then right you'll be able to deal with

546

00:28:28,240 --> 00:28:25,100

all right if it is that what we would

547

00:28:30,730 --> 00:28:28,250

say Babylon is falling hey you'd be able

548

00:28:32,640 --> 00:28:30,740

to deal with it because you're able to

549

00:28:36,430 --> 00:28:32,650

get your food clothing your shelter

550

00:28:40,110 --> 00:28:36,440

without buying it you know hmm

551  
00:28:44,940 --> 00:28:40,120  
yeah but also to

552  
00:28:50,930 --> 00:28:44,950  
alternate means of exchange would be

553  
00:28:54,270 --> 00:28:50,940  
something I would encourage we said

554  
00:28:57,510 --> 00:28:54,280  
non-electronic Aquarian means of

555  
00:29:04,350 --> 00:28:57,520  
exchange so we say non electronic like

556  
00:29:08,300 --> 00:29:04,360  
nothing with cash at or paypal phone

557  
00:29:13,760 --> 00:29:08,310  
things like that you know non electronic

558  
00:29:16,920 --> 00:29:13,770  
but aquarium so it's socially

559  
00:29:20,580 --> 00:29:16,930  
cutting-edge you have some means of

560  
00:29:25,020 --> 00:29:20,590  
exchange so like we have a community

561  
00:29:30,360 --> 00:29:25,030  
center here in Philly where sister got

562  
00:29:33,810 --> 00:29:30,370  
up our bank where you can exchange your

563  
00:29:38,940 --> 00:29:33,820

time and your services like money you

564

00:29:44,490 --> 00:29:38,950

know and they got a farm they're about

565

00:29:48,810 --> 00:29:44,500

to get some hydroponics jumping off so

566

00:29:53,460 --> 00:29:48,820

very socially far ahead thinking you

567

00:29:55,260 --> 00:29:53,470

know mmm-hmm I'm feeling like I need to

568

00:29:57,570 --> 00:29:55,270

find some farmers that want to barter

569

00:30:00,600 --> 00:29:57,580

for a plus membership to my podcast I'll

570

00:30:03,630 --> 00:30:00,610

mail and CDs if I got to there you go or

571

00:30:06,600 --> 00:30:03,640

even right give them a platform to

572

00:30:07,920 --> 00:30:06,610

promote within your community you know

573

00:30:10,120 --> 00:30:07,930

what I'm saying we got to think

574

00:30:12,700 --> 00:30:10,130

collectively mmm-hmm

575

00:30:15,730 --> 00:30:12,710

that's how you really activate that

576

00:30:17,650 --> 00:30:15,740

Jupiter in seventh house and really

577

00:30:22,240 --> 00:30:17,660

seeing how important we are to one

578

00:30:27,690 --> 00:30:22,250

another you know so we want to think

579

00:30:33,010 --> 00:30:27,700

along those lines - ok non-electronic

580

00:30:36,190 --> 00:30:33,020

Aquarian means of exchange ok

581

00:30:39,520 --> 00:30:36,200

now you mentioned in the right of course

582

00:30:45,379 --> 00:30:39,530

I'm the crystal guy hey I think crystals

583

00:30:53,959 --> 00:30:50,049

ultimate currency in the future you know

584

00:30:56,030 --> 00:30:53,969

yet so reminiscent of how I ancestors

585

00:31:00,910 --> 00:30:56,040

use shells

586

00:31:05,330 --> 00:31:00,920

Cowrie shell in Africa the wampum shell

587

00:31:08,780 --> 00:31:05,340

in the Americas where we assign a

588

00:31:12,830 --> 00:31:08,790

certain value to the quality and the

589

00:31:17,600 --> 00:31:12,840

character of the stone and then that is

590

00:31:20,390 --> 00:31:17,610

your hard currency that's something I

591

00:31:23,450 --> 00:31:20,400

advocate and I don't mind being the bank

592

00:31:26,030 --> 00:31:23,460

I don't mind being JP Morgan I'll be

593

00:31:29,660 --> 00:31:26,040

wise and just in the valuation you know

594

00:31:31,790 --> 00:31:29,670

I make it win-win just being silly but

595

00:31:36,530 --> 00:31:31,800

now I mean that's how we got to be

596

00:31:41,460 --> 00:31:36,540

thinking I feel you know alternate means

597

00:31:45,269 --> 00:31:41,470

of exchange getting off-grid

598

00:31:49,830 --> 00:31:45,279

building community along those lines you

599

00:31:52,529 --> 00:31:49,840

know mm-hmm-hmm and of course one of our

600

00:31:55,980 --> 00:31:52,539

main topics is going to be crystals and

601  
00:31:58,680 --> 00:31:55,990  
sacred stones that mitigate 5g radiation

602  
00:32:01,230 --> 00:31:58,690  
when we get there but what about viruses

603  
00:32:04,009 --> 00:32:01,240  
or even just stress and panic things

604  
00:32:06,060 --> 00:32:04,019  
that maybe you're a little more vague or

605  
00:32:08,220 --> 00:32:06,070  
crystals that would work with the

606  
00:32:10,169 --> 00:32:08,230  
elements that we're seeing at play right

607  
00:32:12,629 --> 00:32:10,179  
now I mean as a natural mystic and

608  
00:32:14,639 --> 00:32:12,639  
wellness provider whether or not the

609  
00:32:19,289 --> 00:32:14,649  
virus is real the effects on society

610  
00:32:21,840 --> 00:32:19,299  
definitely are there any members of

611  
00:32:25,830 --> 00:32:21,850  
mineral nation or other sources that you

612  
00:32:29,039 --> 00:32:25,840  
think would apply to the situation right

613  
00:32:31,289 --> 00:32:29,049

now even beyond 5g are there crystals or

614

00:32:36,440 --> 00:32:31,299

sacred stones that would help in this

615

00:32:39,710 --> 00:32:36,450

situation well smile withstanding

616

00:32:45,340 --> 00:32:39,720

viruses in and of themselves are not

617

00:32:46,850 --> 00:32:45,350

like a living organism right

618

00:32:51,169 --> 00:32:46,860

like a

619

00:32:55,940 --> 00:32:51,179

dormant packet of information that if it

620

00:32:58,670 --> 00:32:55,950

gets in your body it will then insert

621

00:33:01,400 --> 00:32:58,680

that information

622

00:33:04,610 --> 00:33:01,410

your genetic code and kind of take over

623

00:33:09,610 --> 00:33:06,340

so

624

00:33:11,840 --> 00:33:09,620

that means integrity of DNA is very

625

00:33:14,720 --> 00:33:11,850

important

626

00:33:18,409 --> 00:33:14,730

and the stone that I associate with that

627

00:33:21,880 --> 00:33:18,419

is the electio quartz and that's quartz

628

00:33:24,919 --> 00:33:21,890

that has edgings and coatings and

629

00:33:27,200 --> 00:33:24,929

basically course that's encoded with

630

00:33:30,649 --> 00:33:27,210

information

631

00:33:34,879 --> 00:33:30,659

you know your listeners can Google elect

632

00:33:37,399 --> 00:33:34,889

your courts very distinctive form of the

633

00:33:40,879 --> 00:33:37,409

mineral kingdom you know of the quartz

634

00:33:45,979 --> 00:33:40,889

family they've come in a range of colors

635

00:33:47,640 --> 00:33:45,989

smoky citrine amethyst sometimes even

636

00:33:50,460 --> 00:33:47,650

clear

637

00:33:54,440 --> 00:33:50,470

but I feel like the electoral courts is

638

00:33:55,670 --> 00:33:54,450

what keeps our DNA impervious to

639

00:33:57,850 --> 00:33:55,680

corruption

640

00:33:59,740 --> 00:33:57,860

hmm

641

00:34:01,660 --> 00:33:59,750

hydration

642

00:34:03,820 --> 00:34:01,670

it's my understanding being properly

643

00:34:10,450 --> 00:34:08,169

is also very important to keeping immune

644

00:34:14,289 --> 00:34:10,460

response strong

645

00:34:17,619 --> 00:34:14,299

particularly dry mouth that the delivery

646

00:34:19,510 --> 00:34:17,629

of a virus of this nature depends on a

647

00:34:24,430 --> 00:34:19,520

dry mouth for being able to get into

648

00:34:26,500 --> 00:34:24,440

your lungs you know where if your mouth

649

00:34:29,590 --> 00:34:26,510

is moist

650

00:34:31,930 --> 00:34:29,600

has less chance of you inhaling it hmm

651  
00:34:33,609 --> 00:34:31,940  
you know like simple things that I've

652  
00:34:35,470 --> 00:34:33,619  
heard

653  
00:34:37,299 --> 00:34:35,480  
and when I say inhaling it inhaling it

654  
00:34:42,410 --> 00:34:37,309  
into your lungs let's say like you're

655  
00:34:49,400 --> 00:34:46,510  
it's my understanding if you swallow it

656  
00:34:52,070 --> 00:34:49,410  
your gut biome kind of takes care of it

657  
00:34:54,800 --> 00:34:52,080  
yeah you your stomach acids and

658  
00:34:56,660 --> 00:34:54,810  
everything will knock it out okay the

659  
00:34:59,150 --> 00:34:56,670  
last thing you want to do is to get this

660  
00:35:01,470 --> 00:34:59,160  
thing in your lungs

661  
00:35:05,130 --> 00:35:01,480  
that's my understanding

662  
00:35:07,980 --> 00:35:05,140  
but I will say that they say it's best

663  
00:35:11,760 --> 00:35:07,990

to kind of stay in your lane even I have

664

00:35:14,010 --> 00:35:11,770

to say I'm not a biologist and I haven't

665

00:35:15,780 --> 00:35:14,020

really studied this thing where I would

666

00:35:17,370 --> 00:35:15,790

feel comfortable speaking on it with

667

00:35:21,270 --> 00:35:17,380

authority

668

00:35:23,190 --> 00:35:21,280

but I dunno simple approaches tend to be

669

00:35:26,010 --> 00:35:23,200

the best

670

00:35:30,300 --> 00:35:26,020

and that's why I mentioned those two you

671

00:35:33,450 --> 00:35:30,310

know right and virus aside if we're

672

00:35:36,000 --> 00:35:33,460

talking about keeping a robust immune

673

00:35:38,370 --> 00:35:36,010

system active I mean that's advice that

674

00:35:40,560 --> 00:35:38,380

goes back a long long time that really

675

00:35:43,500 --> 00:35:40,570

has nothing to do with any particular

676

00:35:46,230 --> 00:35:43,510

virus it's just we all know we need to

677

00:35:48,870 --> 00:35:46,240

armor up and this is a time that that's

678

00:35:49,890 --> 00:35:48,880

more obvious than other times but we

679

00:35:52,380 --> 00:35:49,900

should have been doing this a long time

680

00:35:54,660 --> 00:35:52,390

ago I've had many guests over 10 years

681

00:35:56,940 --> 00:35:54,670

talk about the importance of controlling

682

00:36:00,300 --> 00:35:56,950

your food supply and the importance of

683

00:36:03,359 --> 00:36:00,310

getting good sunlight and having premium

684

00:36:04,859 --> 00:36:03,369

quality water water is just such a key

685

00:36:07,109 --> 00:36:04,869

thing that we take for granted

686

00:36:10,170 --> 00:36:07,119

getting it piped into our house through

687

00:36:12,000 --> 00:36:10,180

these shitty old lead pipes and you know

688

00:36:13,440 --> 00:36:12,010

these water treatment facilities putting

689

00:36:15,359 --> 00:36:13,450

in all kinds of stuff to try to

690

00:36:17,730 --> 00:36:15,369

counteract all the other stuff we've

691

00:36:20,700 --> 00:36:17,740

flushed into the system like

692

00:36:23,460 --> 00:36:20,710

pharmaceutical drugs and it is a mess

693

00:36:26,040 --> 00:36:23,470

but we know arming up our immune system

694

00:36:27,930 --> 00:36:26,050

is important and it really has nothing

695

00:36:30,660 --> 00:36:27,940

to do with needing to study a particular

696

00:36:32,819 --> 00:36:30,670

virus that may or may not have just hit

697

00:36:35,880 --> 00:36:32,829

the scene it's just so difficult to even

698

00:36:38,880 --> 00:36:35,890

talk about when the system has lied to

699

00:36:41,220 --> 00:36:38,890

us so many times yeah it's like the boy

700

00:36:43,829 --> 00:36:41,230

who cried wolf is this a real virus and

701  
00:36:46,950 --> 00:36:43,839  
are you really trying to do anything to

702  
00:36:49,200 --> 00:36:46,960  
help or or can we not trust you right

703  
00:36:52,530 --> 00:36:49,210  
now has the CDC completely lost all

704  
00:36:54,870 --> 00:36:52,540  
credibility right it was actually Dick

705  
00:36:57,059 --> 00:36:54,880  
Gregory are really great I'm sure you

706  
00:37:00,030 --> 00:36:57,069  
know African American comedian and

707  
00:37:01,890 --> 00:37:00,040  
social commentator who said a really

708  
00:37:06,950 --> 00:37:01,900  
hard-hitting truth that I've always

709  
00:37:11,099 --> 00:37:06,960  
liked which is it is the luxury of a

710  
00:37:16,050 --> 00:37:11,109  
European straight white man to have

711  
00:37:18,510 --> 00:37:16,060  
faith in this system hmm in this

712  
00:37:22,109 --> 00:37:18,520  
government and I throw in those other

713  
00:37:24,960 --> 00:37:22,119

qualifiers of man and straight because

714

00:37:27,630 --> 00:37:24,970

any community that isn't that majority

715

00:37:29,970 --> 00:37:27,640

has been marginalized in some sense and

716

00:37:32,370 --> 00:37:29,980

should be skeptical of this very system

717

00:37:36,700 --> 00:37:32,380

because of the things that's done in the

718

00:37:38,980 --> 00:37:36,710

past absolutely

719

00:37:42,160 --> 00:37:38,990

but I wouldn't take it for granted no

720

00:37:44,859 --> 00:37:42,170

you know yeah I would definitely err on

721

00:37:47,680 --> 00:37:44,869

the side of caution

722

00:37:49,420 --> 00:37:47,690

but right at the same time

723

00:37:53,349 --> 00:37:49,430

I do see it on a lot of levels like

724

00:37:58,940 --> 00:37:53,359

9-1-1 preparing some Opperman tis using

725

00:38:02,770 --> 00:37:58,950

this as an opportunity to ask

726

00:38:07,230 --> 00:38:02,780

Collective to voluntary give up personal

727

00:38:11,160 --> 00:38:07,240

freedom and personal mobility you know

728

00:38:15,680 --> 00:38:11,170

where they really are talking about this

729

00:38:19,230 --> 00:38:15,690

being a new normal love having bio

730

00:38:22,960 --> 00:38:19,240

checkpoints throughout like come on you

731

00:38:28,580 --> 00:38:26,060

homeschooling and social distancing

732

00:38:32,180 --> 00:38:28,590

that's a savory and I think this is tied

733

00:38:36,980 --> 00:38:32,190

in with 5g in terms of just creating a

734

00:38:41,080 --> 00:38:36,990

5g society where we are socially

735

00:38:44,840 --> 00:38:41,090

distanced in the house scared to

736

00:38:48,220 --> 00:38:44,850

interact true are we going to allow the

737

00:38:51,110 --> 00:38:48,230

fear to drive us there

738

00:38:55,510 --> 00:38:51,120

that's extreme

739

00:38:59,300 --> 00:38:55,520

that I don't advocate you know rude yeah

740

00:39:02,000 --> 00:38:59,310

yeah I don't advocate that so the happy

741

00:39:04,160 --> 00:39:02,010

medium how do we get it how do we get it

742

00:39:09,590 --> 00:39:04,170

and have productive emotions through it

743

00:39:10,160 --> 00:39:09,600

all huh you know I mean 20 we ready for

744

00:39:14,450 --> 00:39:10,170

it

745

00:39:17,300 --> 00:39:14,460

you know yeah and on the subject of 5g I

746

00:39:19,790 --> 00:39:17,310

know that we aren't scientists and you

747

00:39:21,710 --> 00:39:19,800

maybe haven't studied this to a serious

748

00:39:23,200 --> 00:39:21,720

depth but there are researchers out

749

00:39:26,630 --> 00:39:23,210

there that are making the case that

750

00:39:29,270 --> 00:39:26,640

Wuhan deployed their 5g network with the

751  
00:39:30,710 --> 00:39:29,280  
60 gigahertz range of signals one of the

752  
00:39:34,010 --> 00:39:30,720  
ranges that seems to cause the most

753  
00:39:36,650 --> 00:39:34,020  
damage in October just two months before

754  
00:39:40,490 --> 00:39:36,660  
this all kicked off and they have just a

755  
00:39:43,810 --> 00:39:40,500  
lot of pollution as well and just immune

756  
00:39:46,430 --> 00:39:43,820  
suppressant type of landscape and

757  
00:39:49,280 --> 00:39:46,440  
according to Jon Rappoport for example

758  
00:39:52,070 --> 00:39:49,290  
when 5g employs a frequency band of 60

759  
00:39:56,630 --> 00:39:52,080  
gigahertz disruption and oxygen

760  
00:39:58,640 --> 00:39:56,640  
molecules occurs and the crucial ability

761  
00:40:00,200 --> 00:39:58,650  
of hemoglobin to pick up oxygen and

762  
00:40:02,900 --> 00:40:00,210  
transport it through the body is

763  
00:40:05,000 --> 00:40:02,910

seriously impaired basically that two

764

00:40:07,430 --> 00:40:05,010

months of exposure to this frequency can

765

00:40:11,660 --> 00:40:07,440

cause lung problems and mimic the

766

00:40:13,370 --> 00:40:11,670

symptoms of pneumonia and maybe we don't

767

00:40:17,120 --> 00:40:13,380

know a lot about the virus but you have

768

00:40:20,300 --> 00:40:17,130

researched 5g a lot does this kind of

769

00:40:22,550 --> 00:40:20,310

effect ring true to you are or are there

770

00:40:25,700 --> 00:40:22,560

connections being made that maybe aren't

771

00:40:26,870 --> 00:40:25,710

really there no he's spot on with that

772

00:40:36,729 --> 00:40:26,880

okay

773

00:40:39,849 --> 00:40:36,739

it's proposed to broadcast through the

774

00:40:42,370 --> 00:40:39,859

gigahertz spectrum one through ninety

775

00:40:47,140 --> 00:40:42,380

five gigahertz

776

00:40:50,410 --> 00:40:47,150

why that is concerning is because that's

777

00:40:52,010 --> 00:40:50,420

basically the broadcast spectrum of

778

00:41:02,480 --> 00:40:52,020

water

779

00:41:05,109 --> 00:41:02,490

a broad range from 1 to 100 gigahertz of

780

00:41:08,570 --> 00:41:05,119

course it depends on the temperature and

781

00:41:11,420 --> 00:41:08,580

phase the water it's in you know is it a

782

00:41:15,380 --> 00:41:11,430

solid liquid gas if it's in its liquid

783

00:41:18,349 --> 00:41:15,390

state is it cold is it hot all of those

784

00:41:21,740 --> 00:41:18,359

variables will change the rate that

785

00:41:30,910 --> 00:41:24,710

no magnetic radiation but the entire

786

00:41:38,360 --> 00:41:36,050

5g is broadcasting from 1 to 95 hmm you

787

00:41:43,280 --> 00:41:38,370

know so

788

00:41:50,270 --> 00:41:43,290

right in around the 60 gigahertz range

789

00:41:54,740 --> 00:41:50,280

that is the spectrum that sells uptake

790

00:42:00,790 --> 00:41:54,750

oxygen from the blood into the actual

791

00:42:04,490 --> 00:42:00,800

cell that's the frequency range so yeah

792

00:42:08,290 --> 00:42:04,500

what I have heard is that that frequency

793

00:42:14,480 --> 00:42:08,300

range will cause inflammation and

794

00:42:17,020 --> 00:42:14,490

scarring of the lungs you know because

795

00:42:20,229 --> 00:42:17,030

that is the place where oxygen uptake

796

00:42:24,410 --> 00:42:22,839

heard that information I would affirm

797

00:42:30,310 --> 00:42:24,420

that

798

00:42:32,900 --> 00:42:30,320

concerned about is 2 gigahertz range

799

00:42:36,790 --> 00:42:32,910

arrange that you know we've already been

800

00:42:41,350 --> 00:42:36,800

kind of exposed to it 4G

801  
00:42:45,780 --> 00:42:41,360  
two gigahertz is the spectrum that water

802  
00:42:49,410 --> 00:42:45,790  
at about 98 degrees will absorb

803  
00:42:54,420 --> 00:42:49,420  
electromagnetic radiation

804  
00:42:59,359 --> 00:42:54,430  
and you know we're 70% water average not

805  
00:43:05,280 --> 00:42:59,369  
what I say 98.6 degrees right yeah so

806  
00:43:08,220 --> 00:43:05,290  
that two gigahertz spectrum is you know

807  
00:43:10,230 --> 00:43:08,230  
it's not good for us we definitely need

808  
00:43:13,470 --> 00:43:10,240  
to be mindful of the 60 gigahertz

809  
00:43:15,210 --> 00:43:13,480  
spectrum the two gigahertz and it's

810  
00:43:18,870 --> 00:43:15,220  
probably gonna be a couple others in

811  
00:43:23,490 --> 00:43:18,880  
there that like oh this spectrum really

812  
00:43:28,140 --> 00:43:23,500  
impacts joint health and this spectrum

813  
00:43:31,680 --> 00:43:28,150

really impacts circulation and as we get

814

00:43:34,109 --> 00:43:31,690

more and more into this 5g reality we

815

00:43:37,140 --> 00:43:34,119

will have to be mindful of like the

816

00:43:41,480 --> 00:43:37,150

specific spectrums that we are being

817

00:43:43,920 --> 00:43:41,490

exposed to and a given city you know

818

00:43:46,589 --> 00:43:43,930

mm-hmm-hmm great points and I

819

00:43:50,280 --> 00:43:46,599

interviewed a doctor not long ago who

820

00:43:52,049 --> 00:43:50,290

talked about the psychological aspects

821

00:43:54,390 --> 00:43:52,059

that we've already been dealing with for

822

00:43:57,299 --> 00:43:54,400

a long time where we're scared of the

823

00:44:00,150 --> 00:43:57,309

outside world and we feel safe inside

824

00:44:02,549 --> 00:44:00,160

and he talked about how that's a

825

00:44:05,460 --> 00:44:02,559

complete flip on what's good for our

826

00:44:07,880 --> 00:44:05,470

health it's not actually good to stay

827

00:44:11,010 --> 00:44:07,890

inside in a hermetically sealed

828

00:44:14,069 --> 00:44:11,020

apartment or house you want your windows

829

00:44:16,680 --> 00:44:14,079

open you want the environment to kind of

830

00:44:19,470 --> 00:44:16,690

come in and out of your house he talked

831

00:44:23,220 --> 00:44:19,480

about the your pets being actually good

832

00:44:25,079 --> 00:44:23,230

for your gut biome and your bacteria

833

00:44:26,490 --> 00:44:25,089

because they go out in the dirt and they

834

00:44:27,960 --> 00:44:26,500

come back in and hop on your couch

835

00:44:30,270 --> 00:44:27,970

because we don't do that anymore we

836

00:44:32,339 --> 00:44:30,280

don't toil in the dirt like maybe we

837

00:44:35,220 --> 00:44:32,349

were supposed to and there's a symbiotic

838

00:44:38,430 --> 00:44:35,230

relationship with the soil and our gut

839

00:44:40,589 --> 00:44:38,440

bacteria and I can only assume that

840

00:44:44,370 --> 00:44:40,599

that's amplified by things like Wi-Fi

841

00:44:46,980 --> 00:44:44,380

and the smart devices we already have in

842

00:44:50,160 --> 00:44:46,990

our homes you're gonna see people self

843

00:44:52,559 --> 00:44:50,170

quarantine and then start to get sick

844

00:44:54,089 --> 00:44:52,569

get flu-like symptoms and then think oh

845

00:44:56,160 --> 00:44:54,099

well I must have been exposed to that

846

00:44:57,900 --> 00:44:56,170

virus out there and it's like I don't

847

00:45:00,809 --> 00:44:57,910

know man maybe it's because you're

848

00:45:02,820 --> 00:45:00,819

sitting under artificial light with no

849

00:45:04,770 --> 00:45:02,830

sunlight and you're drinking

850

00:45:07,980 --> 00:45:04,780

bad water and you're sitting next to

851

00:45:10,170 --> 00:45:07,990

your Wi-Fi router in this EMF hot box

852

00:45:12,780 --> 00:45:10,180

that you already have it's tough to say

853

00:45:16,819 --> 00:45:12,790

because we can't see these things yes

854

00:45:19,789 --> 00:45:16,829

you right man you're right

855

00:45:26,499 --> 00:45:19,799

firming that is interesting how they

856

00:45:30,620 --> 00:45:26,509

don't really detail the symptoms and

857

00:45:33,970 --> 00:45:30,630

reporting of it you know mm-hmm it's

858

00:45:40,839 --> 00:45:36,570

my attention and I am observing it where

859

00:45:42,099 --> 00:45:40,849

slight it's an open-ended

860

00:45:46,420 --> 00:45:42,109

definition of what you're gonna

861

00:45:49,090 --> 00:45:46,430

experience if you are exposed to this

862

00:45:51,700 --> 00:45:49,100

thing or not and

863

00:45:56,040 --> 00:45:51,710

yeah that leaves room for you to create

864

00:46:01,090 --> 00:45:56,050

the symptoms based on poor nutrition

865

00:46:04,240 --> 00:46:01,100

macit now feeding into the fear exactly

866

00:46:07,240 --> 00:46:04,250

you know mm-hmm and what's really being

867

00:46:09,760 --> 00:46:07,250

tested because I have heard many

868

00:46:12,820 --> 00:46:09,770

examples in the medical space one big

869

00:46:17,680 --> 00:46:12,830

one is prostate cancer where they

870

00:46:19,660 --> 00:46:17,690

developed a test for a specific

871

00:46:22,180 --> 00:46:19,670

chemical that's in your body or

872

00:46:25,299 --> 00:46:22,190

something your prostate produces and if

873

00:46:27,099 --> 00:46:25,309

the number count of that is low they say

874

00:46:29,740 --> 00:46:27,109

oh well you have prostate cancer and

875

00:46:32,109 --> 00:46:29,750

actually it turns out that that's

876

00:46:33,510 --> 00:46:32,119

something that just fluctuates so a lot

877

00:46:36,670 --> 00:46:33,520

of people are having unnecessary

878

00:46:39,190 --> 00:46:36,680

surgeries because of that there's a book

879

00:46:42,069 --> 00:46:39,200

called the great prostate hoax which is

880

00:46:44,289 --> 00:46:42,079

great on breaking that down but it makes

881

00:46:47,170 --> 00:46:44,299

me wonder about these tests are these

882

00:46:50,620 --> 00:46:47,180

tests really for coronavirus are they

883

00:46:53,289 --> 00:46:50,630

just for a low immune system are they

884

00:46:55,210 --> 00:46:53,299

just for a fever in some cases where

885

00:46:57,700 --> 00:46:55,220

people are just running with that and we

886

00:46:59,950 --> 00:46:57,710

are in a typical flu season this virus

887

00:47:01,990 --> 00:46:59,960

has nothing to do with the common cold

888

00:47:04,900 --> 00:47:02,000

that is still out there just because you

889

00:47:07,390 --> 00:47:04,910

might be sick in a window of weather

890

00:47:09,640 --> 00:47:07,400

change which is common it doesn't mean

891

00:47:13,329 --> 00:47:09,650

you have this particular Thane and I

892

00:47:15,609 --> 00:47:13,339

worry about those tests and what are

893

00:47:21,810 --> 00:47:15,619

they really measuring and how many

894

00:47:31,410 --> 00:47:23,430

and I think all those are valid concerns

895

00:47:34,950 --> 00:47:31,420

yeah for sure but again we have to find

896

00:47:36,400 --> 00:47:34,960

that balance where is what is informing

897

00:47:42,100 --> 00:47:36,410

us

898

00:47:45,700 --> 00:47:42,110

this time that we're in and not feed

899

00:47:47,590 --> 00:47:45,710

into the fear true and I think that's

900

00:47:51,670 --> 00:47:47,600

really the biggest message I could bring

901  
00:47:55,060 --> 00:47:51,680  
today the clarity on

902  
00:47:56,560 --> 00:47:55,070  
are they crying wolf or not I wish I

903  
00:48:00,010 --> 00:47:56,570  
knew

904  
00:48:02,920 --> 00:48:00,020  
I know I am gonna follow the basic wise

905  
00:48:05,140 --> 00:48:02,930  
mind of Yemen I am fortifying I got my

906  
00:48:08,770 --> 00:48:05,150  
echinacea I'm drinking my room red

907  
00:48:14,200 --> 00:48:08,780  
clover I'm drinking my red raspberry I'm

908  
00:48:17,620 --> 00:48:14,210  
drinking the elderberry yeah I'm you

909  
00:48:21,510 --> 00:48:17,630  
know getting the Reds those reds and

910  
00:48:24,030 --> 00:48:21,520  
purple herbs

911  
00:48:26,910 --> 00:48:24,040  
you know they tend to really help with

912  
00:48:31,280 --> 00:48:26,920  
the immune response his side which is a

913  
00:48:35,010 --> 00:48:31,290

purple flower you know definitely

914

00:48:37,109 --> 00:48:35,020

drinking a lot of those things I'm being

915

00:48:39,180 --> 00:48:37,119

mindful I'm eating what they would say

916

00:48:42,380 --> 00:48:39,190

alkaline as much as possible

917

00:48:49,200 --> 00:48:42,390

you know avoiding those mucus producing

918

00:48:53,660 --> 00:48:49,210

things because viruses can be carried

919

00:48:56,089 --> 00:48:53,670

throughout the body in our mucus

920

00:48:59,870 --> 00:48:56,099

which is basically the assets state of

921

00:49:02,630 --> 00:48:59,880

our body mm-hmm different from the water

922

00:49:06,079 --> 00:49:02,640

in our body of course exactly so we want

923

00:49:09,589 --> 00:49:06,089

to minimize those things that's how we

924

00:49:13,880 --> 00:49:09,599

keep our immune response as strong as

925

00:49:18,390 --> 00:49:13,890

possible definitely stay iron rich keep

926

00:49:21,640 --> 00:49:18,400

your goji berries in rotation

927

00:49:24,190 --> 00:49:21,650

let's go make sure your iron-rich

928

00:49:27,240 --> 00:49:24,200

spring is common so it's always good to

929

00:49:31,470 --> 00:49:27,250

detoxify your liver

930

00:49:33,839 --> 00:49:31,480

come the equinox season is Kamali it's

931

00:49:36,980 --> 00:49:33,849

like 60 something degrees today it's

932

00:49:40,820 --> 00:49:36,990

going to be 80 on Friday

933

00:49:44,210 --> 00:49:40,830

Spring has definitely come early to the

934

00:49:46,870 --> 00:49:44,220

Northeast but I would still say around

935

00:49:51,489 --> 00:49:46,880

that equinox season

936

00:49:55,299 --> 00:49:51,499

one start a liver cleanse and that's

937

00:49:57,339 --> 00:49:55,309

just wise protocol for any season you

938

00:50:01,150 --> 00:49:57,349

know keep yourself fortified

939

00:50:06,370 --> 00:50:01,160

true and another thing I pulled out of

940

00:50:11,169 --> 00:50:06,380

the 5g wellness book was pyrite which

941

00:50:13,539 --> 00:50:11,179

you say is iron sulfide and sulfur is a

942

00:50:16,929 --> 00:50:13,549

key component in melanin it promotes

943

00:50:21,069 --> 00:50:16,939

radiant skin and lush hair essential for

944

00:50:24,069 --> 00:50:21,079

heat regulation and toxin elimination of

945

00:50:26,739 --> 00:50:24,079

the body as well as cellular immune

946

00:50:30,130 --> 00:50:26,749

response to viruses at least that's in

947

00:50:32,969 --> 00:50:30,140

the pyrite packet of information so

948

00:50:37,539 --> 00:50:32,979

maybe throw a little pyrite on that desk

949

00:50:39,219 --> 00:50:37,549

that's right and so for rich foods when

950

00:50:43,329 --> 00:50:39,229

we deal with the elements we deal with

951  
00:50:47,229 --> 00:50:43,339  
in and without so sulfur rich foods you

952  
00:50:50,559 --> 00:50:47,239  
know your onions your garlic your

953  
00:50:53,349 --> 00:50:50,569  
peppers hot pepper anything that's going

954  
00:50:58,539 --> 00:50:53,359  
to give you a heat sensation more than

955  
00:51:00,999 --> 00:50:58,549  
likely it's so for rich and so you want

956  
00:51:03,290 --> 00:51:01,009  
to have a sulfur rich diet right that's

957  
00:51:05,570 --> 00:51:03,300  
so for rich eating

958  
00:51:08,630 --> 00:51:05,580  
program right through here you know I

959  
00:51:14,540 --> 00:51:08,640  
don't like that I want to die eat you

960  
00:51:16,730 --> 00:51:14,550  
know mmm yeah man so definitely now if

961  
00:51:18,740 --> 00:51:16,740  
you want to talk about some crystals in

962  
00:51:22,070 --> 00:51:18,750  
5g yeah

963  
00:51:27,800 --> 00:51:22,080

5g what the actual book title is 5g

964

00:51:31,340 --> 00:51:27,810

wellness 101 the 101 people been leaving

965

00:51:33,680 --> 00:51:31,350

out you know it's a 5g wellness but it's

966

00:51:35,790 --> 00:51:33,690

5g wellness 101 meaning this is a

967

00:51:37,740 --> 00:51:35,800

beginner's book

968

00:51:40,860 --> 00:51:37,750

to be honest Greg I didn't write this

969

00:51:43,620 --> 00:51:40,870

book for you man yeah I wrote it for

970

00:51:46,260 --> 00:51:43,630

Aunt Nancy and uncle gerald

971

00:51:48,420 --> 00:51:46,270

you know who like when you go visit um

972

00:51:53,330 --> 00:51:48,430

maybe like a great you still into that

973

00:51:56,870 --> 00:51:53,340

conspiracy stuff you know yeah

974

00:51:59,600 --> 00:51:56,880

yeah you need to be like yo oh I see you

975

00:52:02,630 --> 00:51:59,610

got my 5g Wi-Fi in your home yeah you

976  
00:52:07,480 --> 00:52:02,640  
need some information about this I wrote

977  
00:52:10,780 --> 00:52:07,490  
this for them meaning it's a simple I

978  
00:52:14,920 --> 00:52:10,790  
put forth great effort not to talk deep

979  
00:52:17,470 --> 00:52:14,930  
the people for me with my other works

980  
00:52:22,780 --> 00:52:17,480  
you know it's like man it's definitely

981  
00:52:26,320 --> 00:52:22,790  
not as deep has like rocks ages or great

982  
00:52:30,480 --> 00:52:26,330  
mystery Philadelphia and I even speak in

983  
00:52:34,780 --> 00:52:30,490  
the first person like I'm talking to you

984  
00:52:39,460 --> 00:52:34,790  
personally to do my best to kind of keep

985  
00:52:41,050 --> 00:52:39,470  
it simple you know mm-hmm but we do try

986  
00:52:44,800 --> 00:52:41,060  
to give what I think is the most

987  
00:52:50,140 --> 00:52:44,810  
important information we need to be well

988  
00:52:53,590 --> 00:52:50,150

in this 5g reality okay and starting

989

00:52:57,870 --> 00:52:53,600

with what I would call aspects of the

990

00:53:02,380 --> 00:52:57,880

human body so we get our gadgets right

991

00:53:04,960 --> 00:53:02,390

you get your laptop you can say oh the

992

00:53:09,850 --> 00:53:04,970

gigahertz processor is dah dah dah dah

993

00:53:11,590 --> 00:53:09,860

dah my memory is such and such in this

994

00:53:15,130 --> 00:53:11,600

one needs a ground because I got the

995

00:53:18,310 --> 00:53:15,140

three prong outlet for he know the specs

996

00:53:21,760 --> 00:53:18,320

of your devices but what our our specs

997

00:53:24,100 --> 00:53:21,770

what's the specs of the human body and I

998

00:53:27,280 --> 00:53:24,110

think that's important and one of the

999

00:53:32,830 --> 00:53:27,290

main reasons why there is even a debate

1000

00:53:34,630 --> 00:53:32,840

today on is the extra electromagnetic

1001

00:53:38,770 --> 00:53:34,640

radiation we're living within our

1002

00:53:41,500 --> 00:53:38,780

environment is it potentially hazardous

1003

00:53:43,870 --> 00:53:41,510

there's that debate yes or no like some

1004

00:53:46,870 --> 00:53:43,880

people saying yeah it is still a lot of

1005

00:53:50,480 --> 00:53:46,880

room for debate right the reason is

1006

00:53:52,970 --> 00:53:50,490

because we don't know our specs

1007

00:53:56,829 --> 00:53:52,980

if we knew our specs we could say well

1008

00:54:00,090 --> 00:53:56,839

you know what the polarity

1009

00:54:03,780 --> 00:54:00,100

of the human body maybe

1010

00:54:06,900 --> 00:54:03,790

adversely impacted the human body may

1011

00:54:10,020 --> 00:54:06,910

need grounding after exposure to

1012

00:54:14,360 --> 00:54:10,030

radiation of this pole air you know what

1013

00:54:16,930 --> 00:54:14,370

I mean mm-hmm so that we try to do and

1014

00:54:19,290 --> 00:54:16,940

essentially

1015

00:54:23,330 --> 00:54:19,300

we are

1016

00:54:25,680 --> 00:54:23,340

a magnetically polarized energy system

1017

00:54:29,490 --> 00:54:25,690

energy can either be of two poles

1018

00:54:32,970 --> 00:54:29,500

electro or magnetic where magnetically

1019

00:54:37,760 --> 00:54:32,980

charged energy system

1020

00:54:41,099 --> 00:54:37,770

our resonance is basically eight Hertz

1021

00:54:44,550 --> 00:54:41,109

technically 7.8 but we'll just round it

1022

00:54:49,910 --> 00:54:44,560

off simple eight Hertz also known as the

1023

00:54:55,890 --> 00:54:49,920

Schumann resonance right and just like

1024

00:54:59,910 --> 00:54:55,900

most machines or energy devices energy

1025

00:55:02,609 --> 00:54:59,920

systems that generate magnetic fields

1026

00:55:06,019 --> 00:55:02,619

we will accumulate a static electric

1027

00:55:09,380 --> 00:55:06,029

charge that needs to be grounded

1028

00:55:13,849 --> 00:55:09,390

occasionally or else it might disrupt

1029

00:55:17,749 --> 00:55:13,859

the processes within our energy system

1030

00:55:20,120 --> 00:55:17,759

those are the three basic specs or

1031

00:55:23,959 --> 00:55:20,130

specifications we really need to know

1032

00:55:26,900 --> 00:55:23,969

about the human body you know yeah in

1033

00:55:30,650 --> 00:55:26,910

the book you use the term bio

1034

00:55:31,699 --> 00:55:30,660

crystalline system animated by magnetic

1035

00:55:35,630 --> 00:55:31,709

lifeforce

1036

00:55:37,430 --> 00:55:35,640

and that's a definitely an interesting

1037

00:55:39,859 --> 00:55:37,440

way to put it but we don't pay much

1038

00:55:43,579 --> 00:55:39,869

attention to these qualities these

1039

00:55:45,890 --> 00:55:43,589

unseen aspects of the human body at all

1040

00:55:49,099 --> 00:55:45,900

and some of them are seen but it's just

1041

00:55:51,229 --> 00:55:49,109

the language we use makes them seem

1042

00:55:54,650 --> 00:55:51,239

different than the way you're putting it

1043

00:55:59,380 --> 00:55:54,660

right there yes and the importance of

1044

00:56:03,680 --> 00:55:59,390

that magnetic polarity because that

1045

00:56:08,859 --> 00:56:03,690

magnetic force that is our force field

1046

00:56:12,229 --> 00:56:08,869

our energy sheet you know and we use the

1047

00:56:16,630 --> 00:56:12,239

example of the earth within the solar

1048

00:56:18,700 --> 00:56:16,640

system to kind of illustrate that we're

1049

00:56:21,970 --> 00:56:18,710

Earth has a biosphere that we're in

1050

00:56:25,079 --> 00:56:21,980

right but this biosphere would not exist

1051  
00:56:28,569 --> 00:56:25,089  
if there was not a magnetosphere a

1052  
00:56:31,880 --> 00:56:28,579  
magnetic aura that envelops the earth

1053  
00:56:37,309 --> 00:56:31,890  
about 60 miles up

1054  
00:56:41,400 --> 00:56:37,319  
that shields the atmosphere and the

1055  
00:56:43,950 --> 00:56:41,410  
surface from deadly radiation

1056  
00:56:46,880 --> 00:56:43,960  
without that magnetosphere we would be

1057  
00:56:50,370 --> 00:56:46,890  
exposed to all kind of gamma rays x-rays

1058  
00:56:55,140 --> 00:56:50,380  
ultraviolet radiation that would wipe us

1059  
00:56:57,810 --> 00:56:55,150  
out pretty quick so the same analogy

1060  
00:57:02,310 --> 00:56:57,820  
could be made with the human body that

1061  
00:57:04,780 --> 00:57:02,320  
our cells our organs that's like our

1062  
00:57:07,600 --> 00:57:04,790  
biosphere

1063  
00:57:11,890 --> 00:57:07,610

surrounding it we have a magnetosphere

1064

00:57:16,210 --> 00:57:11,900

we call it our aura right but it's like

1065

00:57:18,490 --> 00:57:16,220

our microcosmic magnetosphere if you

1066

00:57:23,140 --> 00:57:18,500

want to use that analogy of the earth

1067

00:57:26,280 --> 00:57:23,150

and so if our magnetic are our magnetic

1068

00:57:29,410 --> 00:57:26,290

energy field is strong and vitalized

1069

00:57:31,599 --> 00:57:29,420

will have greater resilience in a 5g

1070

00:57:35,380 --> 00:57:31,609

reality you know

1071

00:57:40,109 --> 00:57:35,390

but if it's devitalized yeah we're gonna

1072

00:57:44,400 --> 00:57:40,119

get jacked up you know because the

1073

00:57:47,019 --> 00:57:44,410

radiation coming off of those

1074

00:57:50,609 --> 00:57:47,029

telecommunication antenna there of an

1075

00:57:53,079 --> 00:57:50,619

electrified polarity regardless of the

1076  
00:57:55,690 --> 00:57:53,089  
spectrum they're broadcasting megahertz

1077  
00:58:00,219 --> 00:57:55,700  
gigahertz doesn't matter what they're

1078  
00:58:06,599 --> 00:58:00,229  
broadcasting is not a magnetic energy

1079  
00:58:13,789 --> 00:58:10,579  
simple physics when energy fields of

1080  
00:58:19,319 --> 00:58:13,799  
opposing polarities in Iraq what happens

1081  
00:58:22,650 --> 00:58:19,329  
they cancel one another mm-hmm so if I

1082  
00:58:26,569 --> 00:58:22,660  
know my polarities magnetic and I'm

1083  
00:58:31,230 --> 00:58:26,579  
being bombarded by electrified energy I

1084  
00:58:34,410 --> 00:58:31,240  
have to know that it's cancelling out

1085  
00:58:38,300 --> 00:58:34,420  
my magnetic field which is my life force

1086  
00:58:43,410 --> 00:58:38,310  
energy our life force energy is

1087  
00:58:46,650 --> 00:58:43,420  
magnetically polarized so that is a big

1088  
00:58:50,810 --> 00:58:46,660

thing we are being divided alized when

1089

00:58:55,080 --> 00:58:50,820

we are exposed to electrified EMF right

1090

00:58:57,260 --> 00:58:55,090

now in terms of frequency

1091

00:59:01,410 --> 00:58:57,270

there's a lot of different frequencies

1092

00:59:04,740 --> 00:59:01,420

happening within the human body

1093

00:59:07,620 --> 00:59:04,750

our heart operates at one frequency or

1094

00:59:09,840 --> 00:59:07,630

liver operates at another frequency our

1095

00:59:12,680 --> 00:59:09,850

brain operates at a frequency

1096

00:59:16,140 --> 00:59:12,690

you know we breathe at a certain pace

1097

00:59:19,350 --> 00:59:16,150

all these things are operating in their

1098

00:59:22,490 --> 00:59:19,360

own frequency right but we also have

1099

00:59:24,950 --> 00:59:22,500

what's called a cohesive frequency a

1100

00:59:28,200 --> 00:59:24,960

frequency that holds everything together

1101  
00:59:30,660 --> 00:59:28,210  
then if that frequency is happening and

1102  
00:59:35,010 --> 00:59:30,670  
occurring within our body we're gonna

1103  
00:59:39,480 --> 00:59:35,020  
feel well our organs are going to be

1104  
00:59:40,890 --> 00:59:39,490  
able to work as systems our cells are

1105  
00:59:42,510 --> 00:59:40,900  
going to be able to kind of communicate

1106  
00:59:48,800 --> 00:59:42,520  
with one another

1107  
00:59:52,140 --> 00:59:48,810  
and oneness okay that frequency is 7.8

1108  
00:59:55,830 --> 00:59:52,150  
Hookah rounded off to eight Hertz eight

1109  
01:00:01,110 --> 00:59:55,840  
cycles per second it's a very actually a

1110  
01:00:04,110 --> 01:00:01,120  
low frequency in terms of number it's

1111  
01:00:08,069 --> 01:00:04,120  
not in the megahertz or gigahertz range

1112  
01:00:11,560 --> 01:00:08,079  
it's literally eight cycles per second

1113  
01:00:14,500 --> 01:00:11,570

that is the cohesive frequency

1114

01:00:17,260 --> 01:00:14,510

nuf research has been done on this

1115

01:00:19,930 --> 01:00:17,270

frequency spectrum is called the

1116

01:00:23,380 --> 01:00:19,940

Schumann resonance

1117

01:00:27,579 --> 01:00:23,390

quartz crystal resonates at this

1118

01:00:31,150 --> 01:00:27,589

frequency the earth as a whole resonates

1119

01:00:33,059 --> 01:00:31,160

at this frequency Earth's magnetosphere

1120

01:00:37,390 --> 01:00:33,069

and ionosphere

1121

01:00:41,680 --> 01:00:37,400

well I even have to qualify because it

1122

01:00:45,309 --> 01:00:41,690

is my understanding that around 2018 the

1123

01:00:48,490 --> 01:00:45,319

Earth's resonance shifted and doubled

1124

01:00:51,069 --> 01:00:48,500

actually from 8 to 15 Hertz have you

1125

01:00:54,460 --> 01:00:51,079

heard this I have it's just one of those

1126

01:00:56,319 --> 01:00:54,470

things I can't really verify or quantify

1127

01:01:00,190 --> 01:00:56,329

although I have heard people talking

1128

01:01:05,980 --> 01:01:00,200

about that yeah I've heard it I want to

1129

01:01:12,320 --> 01:01:05,990

say I did see some measure based

1130

01:01:14,600 --> 01:01:12,330

affirming that so that's interesting

1131

01:01:18,350 --> 01:01:14,610

I really am still kind of wondering like

1132

01:01:21,400 --> 01:01:18,360

what do I make of that me myself though

1133

01:01:27,050 --> 01:01:21,410

I'm still sticking with the eight Hertz

1134

01:01:29,330 --> 01:01:27,060

right now I got a young brother that I

1135

01:01:31,430 --> 01:01:29,340

work with here in Philly

1136

01:01:34,220 --> 01:01:31,440

occasionally he's when these young

1137

01:01:35,990 --> 01:01:34,230

brothers that is tuned into spiritual

1138

01:01:38,960 --> 01:01:36,000

technologies crystals

1139

01:01:43,220 --> 01:01:38,970

he gets downloads and you know works his

1140

01:01:46,880 --> 01:01:43,230

thing he's working the 15 Hertz and when

1141

01:01:48,680 --> 01:01:46,890

I asked him why he was like well it's

1142

01:01:52,960 --> 01:01:48,690

the frequency of the earth and I want to

1143

01:01:56,359 --> 01:01:52,970

be connected to the earth right now so I

1144

01:01:58,999 --> 01:01:56,369

found that interesting

1145

01:02:02,259 --> 01:01:59,009

and still open to that yeah maybe it's

1146

01:02:06,109 --> 01:02:02,269

an aspect of the quickening absolutely

1147

01:02:07,489 --> 01:02:06,119

but for me right now what I will say

1148

01:02:11,660 --> 01:02:07,499

what I'm working with

1149

01:02:14,599 --> 01:02:11,670

as the cohesive frequency that if I

1150

01:02:19,239 --> 01:02:14,609

promote this frequency within myself I

1151

01:02:23,809 --> 01:02:19,249

feel well it's eight Hertz you know and

1152

01:02:27,099 --> 01:02:23,819

there are several ways to increase that

1153

01:02:33,549 --> 01:02:27,109

eight Hertz frequency within yourself

1154

01:02:36,410 --> 01:02:33,559

one of the best ways is to use magnets

1155

01:02:40,279 --> 01:02:36,420

commercial magnets because magnetism

1156

01:02:42,470 --> 01:02:40,289

tends to be eight Hertz and also to

1157

01:02:46,970 --> 01:02:42,480

actually ground yourself and sit on

1158

01:02:51,560 --> 01:02:46,980

earth actual earth you know

1159

01:02:55,210 --> 01:02:51,570

shoes off coccyx touching the ground for

1160

01:02:58,450 --> 01:02:55,220

a nice duration 40 minutes to an hour

1161

01:03:01,010 --> 01:02:58,460

two good ways to reestablish that

1162

01:03:05,569 --> 01:03:01,020

cohesive frequency

1163

01:03:08,030 --> 01:03:05,579

makes sense yes now in terms of the 5g

1164

01:03:08,720 --> 01:03:08,040

reality I will mention a couple of

1165

01:03:15,260 --> 01:03:08,730

crystals

1166

01:03:19,040 --> 01:03:15,270

think it's a 101 is just to get you

1167

01:03:21,950 --> 01:03:19,050

started you know related to those specs

1168

01:03:24,680 --> 01:03:21,960

we were talking about so in terms of

1169

01:03:27,680 --> 01:03:24,690

keeping that magnetic polarity keep

1170

01:03:31,670 --> 01:03:27,690

yourself magnetized right we won't work

1171

01:03:35,299 --> 01:03:31,680

with the iron family the iron family of

1172

01:03:40,860 --> 01:03:35,309

crystals so if the crystal got iron is

1173

01:03:44,220 --> 01:03:40,870

iron rich more than likely is going to

1174

01:03:47,780 --> 01:03:44,230

help magnetize

1175

01:03:52,230 --> 01:03:47,790

your energy system so you got hematite

1176

01:03:55,170 --> 01:03:52,240

which is iron oxide you got a pyrite

1177

01:03:58,680 --> 01:03:55,180

I am sulfide you already mentioned the

1178

01:04:00,990 --> 01:03:58,690

pyrite you got iron silicates and

1179

01:04:03,030 --> 01:04:01,000

there's a whole bunch of them from

1180

01:04:04,740 --> 01:04:03,040

garnet

1181

01:04:08,420 --> 01:04:04,750

be honest amethyst is citrine

1182

01:04:12,030 --> 01:04:08,430

technically our iron silicates you know

1183

01:04:15,720 --> 01:04:12,040

quartz would iron in it the iron's

1184

01:04:18,930 --> 01:04:15,730

oxidized it'll appear gold and that's

1185

01:04:21,660 --> 01:04:18,940

citrine if it's unoxidized it'll be

1186

01:04:25,410 --> 01:04:21,670

purple that's amethyst

1187

01:04:27,940 --> 01:04:25,420

and silicates are secondary family that

1188

01:04:31,420 --> 01:04:27,950

are good for magnetizing

1189

01:04:35,200 --> 01:04:31,430

so your silicate family its wide-ranging

1190

01:04:39,370 --> 01:04:35,210

quartz is the most common and the one I

1191

01:04:41,490 --> 01:04:39,380

can't go wrong quartz is also ideal too

1192

01:04:44,980 --> 01:04:41,500

because that's your frequency setter

1193

01:04:48,880 --> 01:04:44,990

remember we said our ideal that cohesive

1194

01:04:50,890 --> 01:04:48,890

frequency 8 Hertz quartz is ideally

1195

01:04:53,049 --> 01:04:50,900

keeping us

1196

01:04:55,400 --> 01:04:53,059

resonating at that eight Hertz that

1197

01:04:58,810 --> 01:04:55,410

cohesive frequency

1198

01:05:02,980 --> 01:04:58,820

then there's another family called the

1199

01:05:09,850 --> 01:05:02,990

feldspar family which are your carbon

1200

01:05:14,420 --> 01:05:09,860

silicates so carbon traditionally is a

1201

01:05:17,240 --> 01:05:14,430

industry it's used as a filter you know

1202

01:05:20,510 --> 01:05:17,250

what I mean like if you have toxic or

1203

01:05:22,400 --> 01:05:20,520

water that needs to be purified one of

1204

01:05:24,950 --> 01:05:22,410

the simplest ways is just run it through

1205

01:05:27,420 --> 01:05:24,960

some charcoal the charcoals will absorb

1206

01:05:30,680 --> 01:05:27,430

the unwanted

1207

01:05:35,700 --> 01:05:30,690

just let the pure water flow through

1208

01:05:39,460 --> 01:05:35,710

mm-hmm because carbon is like a binder

1209

01:05:47,790 --> 01:05:43,230

all of your minerals all your elements

1210

01:05:50,160 --> 01:05:47,800

silica would be like the energy element

1211

01:05:53,120 --> 01:05:50,170

that's why quartz is really the

1212

01:05:56,580 --> 01:05:53,130

foundation of most modern technology

1213

01:06:00,720 --> 01:05:56,590

just because quartz Silica's amazing

1214

01:06:03,660 --> 01:06:00,730

ability to work with energy

1215

01:06:07,500 --> 01:06:03,670

Carbon silicates

1216

01:06:09,870 --> 01:06:07,510

are your energy filters

1217

01:06:13,890 --> 01:06:09,880

so they might not shield or block the

1218

01:06:16,500 --> 01:06:13,900

energy they might not get your resonance

1219

01:06:19,830 --> 01:06:16,510

or your frequency straight they are

1220

01:06:24,990 --> 01:06:19,840

gonna filter the energy coming into you

1221

01:06:27,900 --> 01:06:25,000

you know let good energy in block energy

1222

01:06:33,690 --> 01:06:27,910

of an electrified polarity just let the

1223

01:06:37,170 --> 01:06:33,700

magnetic charge in okay so carbon

1224

01:06:40,870 --> 01:06:37,180

silicates include spectral light which

1225

01:06:44,080 --> 01:06:40,880

is more commonly known as labradorite

1226

01:06:46,240 --> 01:06:44,090

new might that's my personal favorite my

1227

01:06:48,910 --> 01:06:46,250

love new mind I think new might right

1228

01:06:51,790 --> 01:06:48,920

now is your power stone comes out of

1229

01:06:57,460 --> 01:06:51,800

Numa Iceland

1230

01:06:59,380 --> 01:06:57,470

I love it right now amazonite which has

1231

01:07:03,100 --> 01:06:59,390

kind of a dual action

1232

01:07:06,820 --> 01:07:03,110

it's a energy filter but amazonite also

1233

01:07:09,880 --> 01:07:06,830

has like micro crystalline deposits of

1234

01:07:13,720 --> 01:07:09,890

lead and we know lead in industry

1235

01:07:17,950 --> 01:07:13,730

absorbs unwanted radiation so amazonite

1236

01:07:22,859 --> 01:07:17,960

is another powerhouse right now for the

1237

01:07:26,560 --> 01:07:22,869

5g protection and the last is moonstone

1238

01:07:31,560 --> 01:07:26,570

okay so these are the carbon silicates

1239

01:07:35,920 --> 01:07:31,570

that I'm advocating we really work with

1240

01:07:37,530 --> 01:07:35,930

okay kind of related to it is the shun

1241

01:07:39,810 --> 01:07:37,540

guy

1242

01:07:42,990 --> 01:07:39,820

which is it's not a carbon silicon it's

1243

01:07:47,370 --> 01:07:43,000

just pure carbon but its carbon that has

1244

01:07:50,760 --> 01:07:47,380

a molecular formation such that it acts

1245

01:07:54,720 --> 01:07:50,770

like an energy filter and they say

1246

01:07:56,070 --> 01:07:54,730

shunga does to air what charcoal does to

1247

01:07:59,630 --> 01:07:56,080

water hmm

1248

01:08:04,130 --> 01:07:59,640

sue God is pretty amazing it's a

1249

01:08:08,010 --> 01:08:04,140

conductive form of carbon whereas most

1250

01:08:12,930 --> 01:08:08,020

carbon in nature is insulated like

1251

01:08:17,289 --> 01:08:12,940

plastic rubber wood things that don't

1252

01:08:19,360 --> 01:08:17,299

conduct an electric current

1253

01:08:21,150 --> 01:08:19,370

charcoal definitely doesn't conduct an

1254

01:08:23,880 --> 01:08:21,160

electric current

1255

01:08:26,599 --> 01:08:23,890

but young guy does and as young guy it

1256

01:08:29,310 --> 01:08:26,609

actually doesn't even offer resistance

1257

01:08:32,630 --> 01:08:29,320

to energy moving through it

1258

01:08:36,480 --> 01:08:32,640

it's a room-temperature superconductor

1259

01:08:41,040 --> 01:08:36,490

that's pretty amazing you know yeah yeah

1260

01:08:44,280 --> 01:08:41,050

so shun kite is another good energy

1261

01:08:49,020 --> 01:08:44,290

filter to work with you know in this

1262

01:08:53,190 --> 01:08:49,030

time and yeah that's some 101 some yes

1263

01:08:55,260 --> 01:08:53,200

you know I like it and of course if

1264

01:08:57,540 --> 01:08:55,270

we're wrapping this thing up we got to

1265

01:09:01,590 --> 01:08:57,550

leave people with your website Ross been

1266

01:09:03,240 --> 01:09:01,600

calm any other wise parting words for

1267

01:09:04,829 --> 01:09:03,250

these troubled times you want to leave

1268

01:09:10,190 --> 01:09:04,839

people with

1269

01:09:15,049 --> 01:09:10,200

I feel like our intuition like we know

1270

01:09:21,979 --> 01:09:18,470

there's anything I would say for the

1271

01:09:25,039 --> 01:09:21,989

people to do is to

1272

01:09:29,509 --> 01:09:25,049

to follow your intuition if that means

1273

01:09:33,140 --> 01:09:29,519

you have to turn off media of all forms

1274

01:09:37,299 --> 01:09:33,150

an extra hour to because hopefully

1275

01:09:41,049 --> 01:09:37,309

already giving yourself some quiet time

1276

01:09:44,950 --> 01:09:41,059

if you need to turn off media extra hour

1277

01:09:46,559 --> 01:09:44,960

to really get into which it enter

1278

01:09:51,270 --> 01:09:46,569

knowing

1279

01:09:54,720 --> 01:09:51,280

do that because I think the ultimate

1280

01:09:56,460 --> 01:09:54,730

answers we all are looking for and this

1281

01:09:58,850 --> 01:09:56,470

time it's gonna come from within it's

1282

01:10:01,580 --> 01:09:58,860

not gonna come from with that

1283

01:10:05,140 --> 01:10:01,590

and when you get the inspired thought

1284

01:10:08,080 --> 01:10:05,150

though you gotta act on it

1285

01:10:11,229 --> 01:10:08,090

don't let it just come in one ear and

1286

01:10:14,680 --> 01:10:11,239

out the other you get the inspired

1287

01:10:16,700 --> 01:10:14,690

thought and you get the download and you

1288

01:10:18,870 --> 01:10:16,710

get the vision

1289

01:10:22,440 --> 01:10:18,880

act on

1290

01:10:25,650 --> 01:10:22,450

that's what I was saying wise words work

1291

01:10:29,430 --> 01:10:25,660

on that informed intuition and don't

1292

01:10:32,750 --> 01:10:29,440

forget to act when it does pop up pretty

1293

01:10:35,280 --> 01:10:32,760

simple that's me man keep it simple keep

1294

01:10:39,590 --> 01:10:35,290

it simple and let's fly under the radar

1295

01:10:42,630 --> 01:10:39,600

you know to our destination yes yeah man

1296

01:10:46,080 --> 01:10:42,640

that is another big keyword I've been

1297

01:10:47,850 --> 01:10:46,090

rolling with just personally you know we

1298

01:10:50,820 --> 01:10:47,860

do want to find little radar in this

1299

01:10:54,840 --> 01:10:50,830

season don't magnetize unnecessary

1300

01:10:56,970 --> 01:10:54,850

attention to yourself I'm a little bit

1301

01:10:58,590 --> 01:10:56,980

too deep in it now for that advice but

1302

01:11:02,670 --> 01:10:58,600

for the rest of the worst night of to

1303

01:11:05,880 --> 01:11:02,680

bra but uh as best as we can you know

1304

01:11:08,760 --> 01:11:05,890

yeah we're out here but hey

1305

01:11:11,970 --> 01:11:08,770

yes great advice for people for sure

1306

01:11:13,200 --> 01:11:11,980

cheers to that and it was just a blast

1307

01:11:15,720 --> 01:11:13,210

hanging out with you again man I

1308

01:11:18,240 --> 01:11:15,730

appreciate everything you do keep

1309

01:11:22,380 --> 01:11:18,250

fighting the good fight much love to you

1310

01:11:23,730 --> 01:11:22,390

and a TAC community and yeah we gonna

1311

01:11:27,080 --> 01:11:23,740

get through this we won't be on the

1312

01:11:29,070 --> 01:11:27,090

other side yes I give thanks

1313

01:11:37,680 --> 01:11:29,080

you

1314

01:11:40,020 --> 01:11:37,690

hell of a guy I did feel a bit bad

1315

01:11:42,260 --> 01:11:40,030

twisting the topic away from his book

1316

01:11:46,010 --> 01:11:42,270

and expertise and into the current

1317

01:11:49,260 --> 01:11:46,020

coronavirus care but the situation is

1318

01:11:51,450 --> 01:11:49,270

changing every day and I feel less bad

1319

01:11:54,720 --> 01:11:51,460

now because now it's even more of an

1320

01:11:57,240 --> 01:11:54,730

unavoidable topic his book on 5g

1321

01:11:59,880 --> 01:11:57,250

wellness is brief but it tells you what

1322

01:12:01,830 --> 01:11:59,890

you need to know even our editor said

1323

01:12:03,570 --> 01:12:01,840

that he was gonna try to go to the gem

1324

01:12:04,790 --> 01:12:03,580

store before this [h\_\_h] really hit the

1325

01:12:08,610 --> 01:12:04,800

fan

1326

01:12:11,610 --> 01:12:08,620

godspeed editor and maybe the topic of

1327

01:12:14,090 --> 01:12:11,620

5g is more related to coronavirus than

1328

01:12:17,070 --> 01:12:14,100

we know I don't want to necessarily

1329

01:12:19,160 --> 01:12:17,080

promote that idea like I'm sure of it

1330

01:12:22,560 --> 01:12:19,170

but there are some interesting

1331

01:12:25,290 --> 01:12:22,570

coincidences regarding it and I just

1332

01:12:27,690 --> 01:12:25,300

can't get over this idea of a government

1333

01:12:30,600 --> 01:12:27,700

having an invisible weapon that you can

1334

01:12:33,900 --> 01:12:30,610

target at groups or cities and then

1335

01:12:36,150 --> 01:12:33,910

blame an invisible virus I don't know if

1336

01:12:38,550 --> 01:12:36,160

that's happening this time but the

1337

01:12:40,440 --> 01:12:38,560

potential is there and we've been

1338

01:12:44,070 --> 01:12:40,450

talking about that potential for a while

1339

01:12:47,280 --> 01:12:44,080

now and this is our first crazy

1340

01:12:51,090 --> 01:12:47,290

quarantine situation will it be our last

1341

01:12:53,870 --> 01:12:51,100

I don't know I also know a lot of people

1342

01:12:58,080 --> 01:12:53,880

out there probably think crystals are

1343

01:13:00,030 --> 01:12:58,090

maybe a little silly but sometimes I

1344

01:13:02,310 --> 01:13:00,040

need to hear about these things from a

1345

01:13:04,620 --> 01:13:02,320

guy like Ross Bend so that I start

1346

01:13:08,280 --> 01:13:04,630

thinking oh [h\_\_\h] maybe I do need to up

1347

01:13:11,250 --> 01:13:08,290

my crystal game rocks of Ages is

1348

01:13:14,430 --> 01:13:11,260

certainly a very deep book and maybe

1349

01:13:17,520 --> 01:13:14,440

these are subtle energies but I'm saying

1350

01:13:19,460 --> 01:13:17,530

all hands on deck right now and here's a

1351

01:13:22,650 --> 01:13:19,470

little funny coincidence I wear the same

1352

01:13:25,590 --> 01:13:22,660

orgonite pendant every day I really only

1353

01:13:27,990 --> 01:13:25,600

take it off for a shower on the rare

1354

01:13:30,120 --> 01:13:28,000

occasion that that occurs but it's made

1355

01:13:32,760 --> 01:13:30,130

from a listener and it's definitely more

1356

01:13:34,860 --> 01:13:32,770

black but it does have blue in it I

1357

01:13:36,280 --> 01:13:34,870

don't think it's a stretch to call it

1358

01:13:39,490 --> 01:13:36,290

blue

1359

01:13:43,540 --> 01:13:39,500

well in 5g wellness 101 our man talks

1360

01:13:46,360 --> 01:13:43,550

about colors and the effects of wearing

1361

01:13:47,110 --> 01:13:46,370

them excessively and for me I'm often

1362

01:13:51,370 --> 01:13:47,120

cold

1363

01:13:52,780 --> 01:13:51,380

special lady is like hey you need to get

1364

01:13:55,450 --> 01:13:52,790

that checked out I don't know how you

1365

01:13:57,990 --> 01:13:55,460

can be cold and of course I am dead

1366

01:14:01,030 --> 01:13:58,000

inside but that's neither here nor there

1367

01:14:04,990 --> 01:14:01,040

but the other day for whatever reason I

1368

01:14:08,800 --> 01:14:05,000

didn't have it on I went to bed I woke

1369

01:14:11,650 --> 01:14:08,810

up and I wasn't cold and then later in

1370

01:14:14,260 --> 01:14:11,660

that afternoon I read and Ross Ben's

1371

01:14:16,630 --> 01:14:14,270

book that wearing excessive blue stones

1372

01:14:18,910 --> 01:14:16,640

will cause one to be chronically cold

1373

01:14:21,010 --> 01:14:18,920

and that's interesting to me because I

1374

01:14:22,870 --> 01:14:21,020

read about that effect after I

1375

01:14:26,470 --> 01:14:22,880

experienced it and not the other way

1376

01:14:29,470 --> 01:14:26,480

around but what is time anyway and I do

1377

01:14:32,860 --> 01:14:29,480

think his knowledge is impressive and

1378

01:14:34,840 --> 01:14:32,870

his passion is contagious and he said

1379

01:14:37,980 --> 01:14:34,850

several insightful things that are quite

1380

01:14:40,630 --> 01:14:37,990

applicable for these quarantine times

1381

01:14:42,730 --> 01:14:40,640

what I've been mulling over most is his

1382

01:14:45,070 --> 01:14:42,740

comment about feeling as if we want to

1383

01:14:47,860 --> 01:14:45,080

fly under the radar right now it was

1384

01:14:49,960 --> 01:14:47,870

unexpected but it rings quite true

1385

01:14:52,090 --> 01:14:49,970

I've never been worried about deep

1386

01:14:55,030 --> 01:14:52,100

platforming on social media or YouTube

1387

01:14:57,490 --> 01:14:55,040

sure it's harder to promote the show but

1388

01:15:00,040 --> 01:14:57,500

I have faith that people would share

1389

01:15:02,520 --> 01:15:00,050

harder if I was actually removed from

1390

01:15:05,350 --> 01:15:02,530

anything and I also think were passed

1391

01:15:08,380 --> 01:15:05,360

skimming new listeners here and there

1392

01:15:10,900 --> 01:15:08,390

from Twitter anyway but when we're all

1393

01:15:13,330 --> 01:15:10,910

told to stay home and I can't have

1394

01:15:15,970 --> 01:15:13,340

face-to-face real-world interactions

1395

01:15:18,400 --> 01:15:15,980

because my friends are trying to be

1396

01:15:19,750 --> 01:15:18,410

better safe than sorry and then it's

1397

01:15:21,730 --> 01:15:19,760

1:00 in the morning I'm probably a

1398

01:15:23,230 --> 01:15:21,740

little too high I start to feel very

1399

01:15:25,990 --> 01:15:23,240

claustrophobic

1400

01:15:28,660 --> 01:15:26,000

we're being conditioned to think face to

1401

01:15:31,390 --> 01:15:28,670

face contact is just too risky let the

1402

01:15:33,370 --> 01:15:31,400

computers be the middleman don't go to

1403

01:15:35,680 --> 01:15:33,380

your buddy's house just FaceTime them

1404

01:15:37,870 --> 01:15:35,690

and now that we're at this new level

1405

01:15:40,420 --> 01:15:37,880

where the computers are essential for

1406

01:15:42,700 --> 01:15:40,430

communication the idea of deep

1407

01:15:45,229 --> 01:15:42,710

platforming feels like it has higher

1408

01:15:47,510 --> 01:15:45,239

stakes for someone like me

1409

01:15:50,570 --> 01:15:47,520

you have to stay inside you're cut off

1410

01:15:52,790 --> 01:15:50,580

from communicating it's just something

1411

01:15:56,930 --> 01:15:52,800

that has started to feel way more real

1412

01:15:59,120 --> 01:15:56,940

in the past few days and yes raus bed I

1413

01:16:02,240 --> 01:15:59,130

definitely want to stay under the radar

1414

01:16:04,850 --> 01:16:02,250

I feel the same way when it comes to the

1415

01:16:07,540 --> 01:16:04,860

testing these coronavirus tests

1416

01:16:10,070 --> 01:16:07,550

apparently they have less than 50%

1417

01:16:11,990 --> 01:16:10,080

accuracy and what are we all going to

1418

01:16:14,060 --> 01:16:12,000

end up doing send it our mouth swabs

1419

01:16:17,030 --> 01:16:14,070

into the CDC with our name social

1420

01:16:20,570 --> 01:16:17,040

security number and address 23andme on

1421

01:16:23,180 --> 01:16:20,580

steroids and that's not even as bad as a

1422

01:16:24,560 --> 01:16:23,190

mandatory vaccine when they check your

1423

01:16:27,020 --> 01:16:24,570

ID at the bar are they going to be

1424

01:16:29,209 --> 01:16:27,030

making sure you're 21 and that you have

1425

01:16:31,280 --> 01:16:29,219

the corona virus vaccine stamp in the

1426

01:16:34,280 --> 01:16:31,290

corner before you can socialize in a big

1427

01:16:36,560 --> 01:16:34,290

group it's important to assess where we

1428

01:16:38,479 --> 01:16:36,570

are but it's also important to look a

1429

01:16:39,110 --> 01:16:38,489

few steps down the road and see where

1430

01:16:41,120 --> 01:16:39,120

we're going

1431

01:16:44,930 --> 01:16:41,130

I just want to avoid it all and I'm sure

1432

01:16:46,010 --> 01:16:44,940

many of you feel the same I've tried to

1433

01:16:48,200 --> 01:16:46,020

mention here and there that we're gonna

1434

01:16:50,180 --> 01:16:48,210

have shows that were recorded before the

1435

01:16:53,120 --> 01:16:50,190

big quarantine and some that are after

1436

01:16:55,189 --> 01:16:53,130

and the tonality is gonna seem a little

1437

01:16:57,439 --> 01:16:55,199

weird I mean this is all quite wild

1438

01:17:00,950 --> 01:16:57,449

right it's like if I had three or four

1439

01:17:02,630 --> 01:17:00,960

shows recorded before 9/11 and then I'm

1440

01:17:04,970 --> 01:17:02,640

thinking well when should those shows

1441

01:17:06,350 --> 01:17:04,980

come out it's weird to have a two-hour

1442

01:17:08,090 --> 01:17:06,360

interview where we don't mention this

1443

01:17:10,340 --> 01:17:08,100

big event that everyone is now focused

1444

01:17:14,360 --> 01:17:10,350

on and everyone's in this kind of

1445

01:17:17,720 --> 01:17:14,370

stressed out somber place and we have

1446

01:17:18,500 --> 01:17:17,730

these kind of jokey laughs and having a

1447

01:17:20,450 --> 01:17:18,510

good time

1448

01:17:25,990 --> 01:17:20,460

conversations about aliens it feels

1449

01:17:28,430 --> 01:17:26,000

weird but I think we're all able to

1450

01:17:31,370 --> 01:17:28,440

understand and see how that can happen

1451

01:17:33,649 --> 01:17:31,380

but I'm oscillating between wanting to

1452

01:17:36,080 --> 01:17:33,659

get you some relevant content for your

1453

01:17:38,959 --> 01:17:36,090

immediate concerns and not hanging on to

1454

01:17:41,060 --> 01:17:38,969

those other interviews too too long so

1455

01:17:42,800 --> 01:17:41,070

we're gonna pepper them in and it's just

1456

01:17:44,720 --> 01:17:42,810

gonna be pretty obvious based on my

1457

01:17:48,680 --> 01:17:44,730

intro and the first question if this had

1458

01:17:50,180 --> 01:17:48,690

gone into the red yet or not sorry it's

1459

01:17:52,850 --> 01:17:50,190

a little weird but I was just blowing

1460

01:17:55,129 --> 01:17:52,860

all this off until I couldn't because it

1461

01:17:56,959 --> 01:17:55,139

is an unprecedented place to be there

1462

01:17:58,640 --> 01:17:56,969

were people panicking about stuff like

1463

01:18:00,320 --> 01:17:58,650

Zika swine flu bird

1464

01:18:05,090 --> 01:18:00,330

blew West Nile and all the rest of it

1465

01:18:07,760 --> 01:18:05,100

even y2k so I'd rather stay calm as long

1466

01:18:10,220 --> 01:18:07,770

as possible because the numbers would be

1467

01:18:13,130 --> 01:18:10,230

on my side there's usually too much

1468

01:18:14,820 --> 01:18:13,140

panic in these situations so it is what

1469

01:18:17,070 --> 01:18:14,830

it is

1470

01:18:18,990 --> 01:18:17,080

I mentioned you that I was stockpiling a

1471

01:18:22,080 --> 01:18:19,000

few interviews because I am just one guy

1472

01:18:23,550 --> 01:18:22,090

and I had some things to do the second

1473

01:18:25,110 --> 01:18:23,560

part of the month I had a friend

1474

01:18:27,270 --> 01:18:25,120

bringing his family out to visit

1475

01:18:30,720 --> 01:18:27,280

California for the first time today

1476

01:18:33,450 --> 01:18:30,730

Saturday the 21st was supposed to be my

1477

01:18:36,090 --> 01:18:33,460

birthday party we were gonna have some

1478

01:18:39,660 --> 01:18:36,100

people over get barbecue catered and

1479

01:18:42,450 --> 01:18:39,670

have a good old time and obviously that

1480

01:18:45,510 --> 01:18:42,460

trip is canceled my birthday is canceled

1481

01:18:49,710 --> 01:18:45,520

and I have a little extra time to

1482

01:18:53,640 --> 01:18:49,720

scramble to get you some relevant shows

1483

01:18:57,270 --> 01:18:53,650

for this particular quarantine time but

1484

01:18:59,640 --> 01:18:57,280

I am still staying relatively calm as of

1485

01:19:01,470 --> 01:18:59,650

now I think we have 12,000 positive

1486

01:19:04,740 --> 01:19:01,480

cases of the virus in this country and

1487

01:19:07,440 --> 01:19:04,750

about 200 deaths are you aware of the

1488

01:19:10,080 --> 01:19:07,450

harsh and very serious antiviral drugs

1489

01:19:11,910 --> 01:19:10,090

that people are being treated with those

1490

01:19:14,610 --> 01:19:11,920

drugs alone can kill you if you have

1491

01:19:16,440 --> 01:19:14,620

problems like high blood pressure so I'm

1492

01:19:18,300 --> 01:19:16,450

concerned about getting a test because

1493

01:19:20,700 --> 01:19:18,310

there are a lot of false positives and

1494

01:19:23,370 --> 01:19:20,710

if you get one you can't really turn

1495

01:19:25,340 --> 01:19:23,380

down treatment you kind of lose control

1496

01:19:28,560 --> 01:19:25,350

over your own body so I would personally

1497

01:19:30,600 --> 01:19:28,570

like to avoid tests and use food as

1498

01:19:33,840 --> 01:19:30,610

medicine right now just to armor up my

1499

01:19:36,840 --> 01:19:33,850

immune system and hopefully be ready for

1500

01:19:38,640 --> 01:19:36,850

any general test I might get but let me

1501

01:19:39,750 --> 01:19:38,650

just read you a little something from

1502

01:19:43,230 --> 01:19:39,760

Jon Rappoport

1503

01:19:45,690 --> 01:19:43,240

regarding this but he says many people

1504

01:19:48,120 --> 01:19:45,700

who were diagnosed as coronavirus cases

1505

01:19:51,060 --> 01:19:48,130

in Italy and then died were put on

1506

01:19:53,010 --> 01:19:51,070

antiviral drugs as you'll see below a

1507

01:19:54,840 --> 01:19:53,020

significant percentage of these people

1508

01:19:57,420 --> 01:19:54,850

had prior heart conditions or high blood

1509

01:20:01,110 --> 01:19:57,430

pressure but at least one of the

1510

01:20:03,810 --> 01:20:01,120

antiviral drugs called ribavirin carries

1511

01:20:07,500 --> 01:20:03,820

this very relevant warning from cardio

1512

01:20:11,490 --> 01:20:07,510

smart org riba Varenne or maybe its

1513

01:20:13,440 --> 01:20:11,500

river Viren but this drug may decrease

1514

01:20:15,810 --> 01:20:13,450

the number of red blood cells in your

1515

01:20:17,520 --> 01:20:15,820

body this is called Annie Mia and it can

1516

01:20:19,760 --> 01:20:17,530

be life-threatening and people who have

1517

01:20:22,440 --> 01:20:19,770

heart disease or circulation problems

1518

01:20:25,110 --> 01:20:22,450

high blood pressure is a circulatory

1519

01:20:27,690 --> 01:20:25,120

problem understand get it this is

1520

01:20:28,770 --> 01:20:27,700

life-threatening so how many coronavirus

1521

01:20:31,379 --> 01:20:28,780

patients have been

1522

01:20:34,830 --> 01:20:31,389

killed by the administering of ribavirin

1523

01:20:37,799 --> 01:20:34,840

are people dying coincidentally with the

1524

01:20:40,020 --> 01:20:37,809

virus or because of the virus is the

1525

01:20:41,959 --> 01:20:40,030

virus a mere harmless passenger in the

1526

01:20:44,540 --> 01:20:41,969

body or is it the driving force

1527

01:20:47,700 --> 01:20:44,550

Bloomberg News has the story

1528

01:20:50,399 --> 01:20:47,710

99% of those who died from corona virus

1529

01:20:54,419 --> 01:20:50,409

had other illnesses Italy says more than

1530

01:20:56,549 --> 01:20:54,429

99% of Italy's coronavirus fatalities

1531

01:20:58,950 --> 01:20:56,559

were people who suffered from previous

1532

01:21:00,779 --> 01:20:58,960

medical conditions according to a study

1533

01:21:04,020 --> 01:21:00,789

by the country's national health

1534

01:21:06,930 --> 01:21:04,030

authority more than 75 percent had high

1535

01:21:10,410 --> 01:21:06,940

blood pressure about 35% had diabetes

1536

01:21:12,270 --> 01:21:10,420

and 1/3 suffered from heart disease the

1537

01:21:16,140 --> 01:21:12,280

average age of those who've died from

1538

01:21:20,129 --> 01:21:16,150

the virus in Italy is 80 years old as of

1539

01:21:22,649 --> 01:21:20,139

March 17th 17 people under 50 have died

1540

01:21:25,529 --> 01:21:22,659

from the disease all of Italy's victims

1541

01:21:29,069 --> 01:21:25,539

under 40 have been males with serious

1542

01:21:31,109 --> 01:21:29,079

existing medical conditions so I mean

1543

01:21:33,180 --> 01:21:31,119

that's interesting when you take people

1544

01:21:35,669 --> 01:21:33,190

with normal flu-like symptoms

1545

01:21:38,700 --> 01:21:35,679

give them a faulty test and then pump

1546

01:21:40,589 --> 01:21:38,710

them with high risk treatments I'm

1547

01:21:43,950 --> 01:21:40,599

starting to see this whole thing take a

1548

01:21:45,600 --> 01:21:43,960

very dark shape you have the virus

1549

01:21:48,089 --> 01:21:45,610

they're treating you and you die how do

1550

01:21:49,830 --> 01:21:48,099

they count that death you know they say

1551

01:21:52,379 --> 01:21:49,840

well we threw everything we had at it

1552

01:21:54,540 --> 01:21:52,389

but the virus got them and think about

1553

01:21:56,189 --> 01:21:54,550

the panic even in hospitals the oldest

1554

01:21:58,410 --> 01:21:56,199

and weakest people are going to get the

1555

01:22:00,029 --> 01:21:58,420

most aggressive treatment because the

1556

01:22:02,490 --> 01:22:00,039

doctors don't consider their treatment

1557

01:22:05,370 --> 01:22:02,500

dangerous and they're not thinking about

1558

01:22:08,339 --> 01:22:05,380

that in panic mode so this is where I

1559

01:22:11,399 --> 01:22:08,349

think the deaths are coming from not a

1560

01:22:13,890 --> 01:22:11,409

doctor but I'm just skeptical of some of

1561

01:22:16,020 --> 01:22:13,900

this data I want to know how many

1562

01:22:19,020 --> 01:22:16,030

coronavirus deaths we have from people

1563

01:22:21,270 --> 01:22:19,030

who did not receive these harsh malaria

1564

01:22:23,790 --> 01:22:21,280

and Ebola treatment drugs do we have

1565

01:22:26,669 --> 01:22:23,800

that number because if we have about 200

1566

01:22:29,459 --> 01:22:26,679

deaths and over 10,000 cases I would

1567

01:22:31,109 --> 01:22:29,469

think at least 150 of those deaths cot

1568

01:22:34,589 --> 01:22:31,119

treatment right I mean I'm being

1569

01:22:37,470 --> 01:22:34,599

generous because even to be counted it

1570

01:22:39,630 --> 01:22:37,480

feels like they probably all did

1571

01:22:41,580 --> 01:22:39,640

but we will have more on this soon I

1572

01:22:44,190 --> 01:22:41,590

recorded a show with David Crowe that is

1573

01:22:46,380 --> 01:22:44,200

really exciting in my opinion it fell

1574

01:22:48,390 --> 01:22:46,390

short of being a full two hours and I

1575

01:22:50,460 --> 01:22:48,400

also just don't think this is the time

1576

01:22:53,400 --> 01:22:50,470

to withhold information related to a

1577

01:22:55,620 --> 01:22:53,410

current crisis so it's just gonna get

1578

01:22:57,060 --> 01:22:55,630

put out for free and full probably

1579

01:22:59,700 --> 01:22:57,070

without much of an edit because I want

1580

01:23:02,010 --> 01:22:59,710

it to come out quickly and I always have

1581

01:23:04,350 --> 01:23:02,020

this back and forth in my head maybe not

1582

01:23:06,470 --> 01:23:04,360

on the alien episodes but when it comes

1583

01:23:09,210 --> 01:23:06,480

to health or something like this I

1584

01:23:12,450 --> 01:23:09,220

always think oh this is so valuable

1585

01:23:14,340 --> 01:23:12,460

I don't really want to deny people but

1586

01:23:17,810 --> 01:23:14,350

then on the other hand this is my job

1587

01:23:20,850 --> 01:23:17,820

this is my business I'm sure we all have

1588

01:23:24,060 --> 01:23:20,860

customers of some sort that we would

1589

01:23:26,100 --> 01:23:24,070

like to extend more of a hand to but if

1590

01:23:29,520 --> 01:23:26,110

you do that too much you're not going to

1591

01:23:31,590 --> 01:23:29,530

have an income and I don't think \$8 is a

1592

01:23:34,650 --> 01:23:31,600

barrier that's too high for people who

1593

01:23:36,990 --> 01:23:34,660

are interested there's really only a few

1594

01:23:39,750 --> 01:23:37,000

reasons that content you absorb would be

1595

01:23:41,580 --> 01:23:39,760

free number one someone is just starting

1596

01:23:44,370 --> 01:23:41,590

out trying to build an audience doing

1597

01:23:45,510 --> 01:23:44,380

this on the side or maybe just doesn't

1598

01:23:47,610 --> 01:23:45,520

want to deal with building and

1599

01:23:50,940 --> 01:23:47,620

maintaining a system like plus it is a

1600

01:23:52,770 --> 01:23:50,950

lot of work of course patreon does that

1601  
01:23:55,410 --> 01:23:52,780  
for you now and clearly you can see how

1602  
01:23:58,290 --> 01:23:55,420  
that model has grown but number two and

1603  
01:24:01,050 --> 01:23:58,300  
most commonly the content is just a

1604  
01:24:02,940 --> 01:24:01,060  
vehicle for the ads or worse propaganda

1605  
01:24:05,490 --> 01:24:02,950  
because the state and the Gates

1606  
01:24:07,070 --> 01:24:05,500  
Foundation are going to subsidize the

1607  
01:24:10,200 --> 01:24:07,080  
stuff that they want you to hear and

1608  
01:24:12,780 --> 01:24:10,210  
this is not news to anyone but this

1609  
01:24:15,750 --> 01:24:12,790  
crackdown situation has made me realize

1610  
01:24:17,850 --> 01:24:15,760  
how important these more private

1611  
01:24:20,790 --> 01:24:17,860  
truth-seeking communities are going to

1612  
01:24:23,460 --> 01:24:20,800  
be and I hope you value THC enough to

1613  
01:24:24,900 --> 01:24:23,470

keep the faith and stay with me and I'm

1614

01:24:27,089 --> 01:24:24,910

going to try to give you the best that I

1615

01:24:28,919 --> 01:24:27,099

can as well

1616

01:24:30,990 --> 01:24:28,929

but there might be a time where it's

1617

01:24:34,859 --> 01:24:31,000

difficult to get my free hour out there

1618

01:24:38,280 --> 01:24:34,869

and in that scenario I hope you do

1619

01:24:40,020 --> 01:24:38,290

become a plus member either way we're

1620

01:24:42,510 --> 01:24:40,030

all gonna get through this and in fact

1621

01:24:45,839 --> 01:24:42,520

when you go out for a hike the world

1622

01:24:48,390 --> 01:24:45,849

seems kind of the same but man to come

1623

01:24:51,330 --> 01:24:48,400

back to today's episode for Ben to have

1624

01:24:54,000 --> 01:24:51,340

said in October that the astrology looks

1625

01:24:56,669 --> 01:24:54,010

like a global resource reset in January

1626

01:24:58,050 --> 01:24:56,679

I'm thinking that's pretty on the nose I

1627

01:25:00,149 --> 01:24:58,060

actually think the virus could be a

1628

01:25:02,310 --> 01:25:00,159

cover for the economic stuff we're

1629

01:25:05,250 --> 01:25:02,320

seeing and I'm worried for all you guys

1630

01:25:07,560 --> 01:25:05,260

when it comes to the longer after map we

1631

01:25:09,270 --> 01:25:07,570

had a joint session last night I of

1632

01:25:11,609 --> 01:25:09,280

course was good and trashed I had my

1633

01:25:13,890 --> 01:25:11,619

buddy Darrell with me and it was hard to

1634

01:25:16,500 --> 01:25:13,900

pay attention because I had real-world

1635

01:25:18,959 --> 01:25:16,510

friends popping in and out to [h\_\_h] with

1636

01:25:22,140 --> 01:25:18,969

me because they're all bored and they're

1637

01:25:25,080 --> 01:25:22,150

talking through FaceTime anyway so not

1638

01:25:27,450 --> 01:25:25,090

my finest night sorry about that but my

1639

01:25:29,760 --> 01:25:27,460

private and public life were overlapping

1640

01:25:32,390 --> 01:25:29,770

a little too much for me to really focus

1641

01:25:35,640 --> 01:25:32,400

a hundred percent and it's all good fun

1642

01:25:37,979 --> 01:25:35,650

and I wanted to make sure that the joint

1643

01:25:40,310 --> 01:25:37,989

session happened so we could hear how

1644

01:25:43,169 --> 01:25:40,320

this is affecting the people out there

1645

01:25:46,560 --> 01:25:43,179

but almost everyone we talked to is

1646

01:25:48,870 --> 01:25:46,570

either laid off temporarily out of work

1647

01:25:51,169 --> 01:25:48,880

or their own personal business is

1648

01:25:54,120 --> 01:25:51,179

hurting and it's only been a few days

1649

01:25:56,129 --> 01:25:54,130

it's hard to do much planning now that

1650

01:25:57,600 --> 01:25:56,139

we're in it but I am mentally prepared

1651  
01:26:00,000 --> 01:25:57,610  
for this to be longer than they're

1652  
01:26:03,300 --> 01:26:00,010  
saying and I hope to be pleasantly

1653  
01:26:06,660 --> 01:26:03,310  
surprised when it's not also I've always

1654  
01:26:09,930 --> 01:26:06,670  
considered Ross Ben to be very connected

1655  
01:26:12,450 --> 01:26:09,940  
to his higher self to ancestral spirits

1656  
01:26:14,819 --> 01:26:12,460  
his subconscious mind whatever you want

1657  
01:26:17,550 --> 01:26:14,829  
to say about these people who have a

1658  
01:26:19,830 --> 01:26:17,560  
deep spiritual and meditative practice

1659  
01:26:22,770 --> 01:26:19,840  
who definitely show that they get

1660  
01:26:24,689 --> 01:26:22,780  
insights from that knowledge and maybe

1661  
01:26:27,600 --> 01:26:24,699  
even clairvoyance that the rest of us

1662  
01:26:30,200 --> 01:26:27,610  
just aren't cultivating he's a Western

1663  
01:26:32,330 --> 01:26:30,210

shaman in an amine

1664

01:26:34,220 --> 01:26:32,340

I thought he had that kind of air from

1665

01:26:36,940 --> 01:26:34,230

the beginning and it does show in his

1666

01:26:40,670 --> 01:26:36,950

previous work but I feel like we really

1667

01:26:43,090 --> 01:26:40,680

saw the value of those practices and

1668

01:26:46,430 --> 01:26:43,100

that cultivation on full display today

1669

01:26:48,709 --> 01:26:46,440

it's motivating but of course the first

1670

01:26:49,940 --> 01:26:48,719

hour was dominated by the new cycle and

1671

01:26:52,250 --> 01:26:49,950

we didn't really get deep into his

1672

01:26:54,950 --> 01:26:52,260

crystal knowledge or how it can really

1673

01:26:58,010 --> 01:26:54,960

help with 5g until that second hour I

1674

01:27:01,010 --> 01:26:58,020

tried to split it up a bit more towards

1675

01:27:03,920 --> 01:27:01,020

the free show because I wanted him to

1676

01:27:06,140 --> 01:27:03,930

get at least some of that message out

1677

01:27:08,420 --> 01:27:06,150

there but if you're interested in going

1678

01:27:12,050 --> 01:27:08,430

deeper please sign up for THC plus or

1679

01:27:14,300 --> 01:27:12,060

get his book 5g wellness 101 why not get

1680

01:27:17,690 --> 01:27:14,310

some of those stones he recommends so go

1681

01:27:20,040 --> 01:27:17,700

to Ross been calm for that in this +

1682

01:27:22,230 --> 01:27:20,050

show we talked about

1683

01:27:24,810 --> 01:27:22,240

a Nancy the spider God and the magneto

1684

01:27:27,510 --> 01:27:24,820

sphere the depths of ancient indigenous

1685

01:27:31,320 --> 01:27:27,520

knowledge the power of crystals minerals

1686

01:27:34,110 --> 01:27:31,330

and the energetic body deep details on

1687

01:27:36,480 --> 01:27:34,120

minerals and crystals that absorb filter

1688

01:27:39,390 --> 01:27:36,490

and shield positive and negative

1689

01:27:41,660 --> 01:27:39,400

frequencies the illustrious God I was

1690

01:27:45,510 --> 01:27:41,670

interested in the illustrious and

1691

01:27:49,350 --> 01:27:45,520

meteorite insights and Moki marbles and

1692

01:27:54,360 --> 01:27:49,360

the Moki marble politics stuff I hope

1693

01:27:56,130 --> 01:27:54,370

you're intrigued by but with that I

1694

01:27:58,550 --> 01:27:56,140

really do love you guys

1695

01:28:01,740 --> 01:27:58,560

just be careful out there be careful

1696

01:28:05,280 --> 01:28:01,750

what kool-aid you drink what you take

1697

01:28:07,230 --> 01:28:05,290

into your mind and body be skeptical but

1698

01:28:09,930 --> 01:28:07,240

not so skeptical that you put yourself

1699

01:28:13,740 --> 01:28:09,940

in harm's way or draw that unneeded

1700

01:28:16,290 --> 01:28:13,750

attention in these troubled times I'm

1701  
01:28:19,230 --> 01:28:16,300  
gonna get out of here I've done my part

1702  
01:28:20,730 --> 01:28:19,240  
your move resource reset errs virus

1703  
01:28:23,370 --> 01:28:20,740  
panic producers and the much needed

1704  
01:28:27,959 --> 01:28:23,380  
members of mineral nation that can heed

1705  
01:28:37,410 --> 01:28:27,969  
our call in the chaos you're [h\_\_\h]

1706  
01:28:42,950 --> 01:28:37,420  
oh no you see no world isn't random it's

1707  
01:28:48,920 --> 01:28:42,960  
attached to pub or street control over

1708  
01:28:55,450 --> 01:28:48,930  
everything a 95 is trying to steal your

1709  
01:29:02,020 --> 01:28:55,460  
now don't that job seem silly hello

1710  
01:29:06,450 --> 01:29:02,030  
here should I play back recordings I'm

1711  
01:29:09,850 --> 01:29:06,460  
some spy agency which we were younger

1712  
01:29:13,760 --> 01:29:09,860  
[Music]

1713  
01:29:17,530 --> 01:29:13,770

I'll be thankful when it's all exposed

1714

01:29:22,530 --> 01:29:17,540

the fastest we received is such a

1715

01:29:22,540 --> 01:29:33,890

and the dead

1716

01:30:14,740 --> 01:29:39,510

[Music]

1717

01:30:22,390 --> 01:30:14,750

[Applause]

1718

01:30:29,860 --> 01:30:22,400

[Music]

1719

01:30:34,660 --> 01:30:29,870

oh no they're cartoons it's so typical

1720

01:30:42,669 --> 01:30:34,670

of me to talk about this stuff I'm sorry

1721

01:30:46,990 --> 01:30:42,679

that's good and well did you ever hear

1722

01:30:49,529 --> 01:30:47,000

the argument the nothing really happens

1723

01:30:53,000 --> 01:30:49,539

it's no secret

1724

01:30:55,590 --> 01:30:53,010

and the best

1725

01:31:15,390 --> 01:30:55,600

it's done

